

# ONE WORLD

UNITING VOICES

VOLUME I

conversations for a united world



Zen Benefiel

# One World

## Uniting Voices

### Vol 1

**Year 1**

**One World in a New World**

**Reflections**

***Compiled by Zen Benefiel***





# Preface

## *Threads of Transformation:*

### *Exploring Voices of Connection and Evolution*

Across the tapestry of human experience, there are common threads that weave through our journeys of self-awareness and understanding—threads that reveal the profound interconnectivity of consciousness and reality. In exploring these shared pathways, we uncover the universal truths that guide our growth: the yearning to love and be loved, the discovery of harmony between our passions and skills, and the pursuit of purpose in creating a better world.

*One World in a New World* dives deep into these apocalyptic chats, engaging in transformative conversations with extraordinary individuals. Through their insights and wisdom, we learn not only how they navigated the challenges of self-discovery but also how they channeled their inner clarity into meaningful work and better living. This collection invites you to join us on this journey—to reflect, connect, and find your own threads of purpose in the vast, interconnected fabric of existence.

Over the past year, *One World in a New World* has been privileged to host inspiring voices from diverse paths and disciplines—each conversation an exploration of transformation, resilience, and interconnectedness. Exploring golden threads may help us move toward reimagining humanity in harmony with our nature.

As we reflect on these journeys, a new kind of query emerges: **What are the golden threads that weave through these shared stories?** This year's interviews began exploring eight key topic areas that define our evolving human experience:

1. **Transformational Journeys** – Stories of growth, courage, and reinvention.
2. **Exploring Consciousness** – Insights into mindfulness, spirituality, and self-awareness.
3. **Pioneering Change** – Innovations that challenge norms and inspire progress.
4. **Practical Wisdom** – Tangible strategies for thriving in a complex world.
5. **Inspiring Collaboration** – The beauty of unity, co-creation, and shared purpose.
6. **Spiritual Insights** – Universal truths and deep alignment with a greater flow.
7. **Engaging the Future** – Fresh perspectives on leadership, technology, and sustainability.
8. **Authentic Human Connection** – Vulnerability, love, and the threads of shared humanity.

As we reveal the golden threads running through these themes, a picture emerges of a world on the cusp of transformation—a world where individual experiences resonate with collective truths. These conversations remind us that every challenge carries an opportunity, every story a lesson, and every moment a chance to co-create something profound.

This is more than a recap; it's an invitation—to reflect, connect, and recognize your part in this evolving tapestry of human experience. Join us as we celebrate the wisdom of these extraordinary voices and uncover the insights that unite us on this journey toward a conscious civilization.

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# Fyodor Ovchinnikov

[https://youtu.be/NWLMp3o\\_M2E](https://youtu.be/NWLMp3o_M2E)

## *Embracing Holistic Systems Change*

### **Transformational Journeys**

Fyodor Ovchinnikov, co-founder of the Institute for Evolutionary Leadership, shared his path to systems transformation in Episode 1 of *One World in a New World*. His journey began in academia, where he explored resilience in socio-economic systems through the lens of systems thinking and complexity. Fyodor's fascination with the interconnected dynamics of the social, ecological, and economic realms led him to philosophically dissect the ontology of economic systems. He realized early that individuals are not passive observers but active co-creators of social realities.

### **Exploring Consciousness**

Fyodor discussed the importance of stepping beyond cultural and institutional limitations to recognize shared humanity. His deep work in intercultural communication highlighted how collective understanding could transcend cultural divides, fostering meaningful connection and collaboration. His reflections on personal transcendental experiences and their interplay with systemic design underline the importance of balancing analytical frameworks with an intuitive understanding of interconnectedness.

### **Pioneering Change**

Through his leadership at the Institute for Evolutionary Leadership, Fyodor facilitates systemic change by bringing together diverse stakeholders to co-create shared realities. His work emphasizes the power of collective wisdom to address societal challenges. Fyodor's integrative approach to leadership invites individuals to embrace

their roles as active participants in the continuous evolution of human systems.

### **Practical Wisdom**

Fyodor champions the concept of disrupting ingrained patterns to foster innovation and renewal. He advises stepping out of routines—whether through mindful reflection, spending time with family, or exploring new perspectives—to recharge and rediscover purpose. His advice: "Be present in the relationships and spaces where meaningful change emerges."

### **Inspiring Collaboration**

By bridging differences and fostering dialogue, Fyodor's work emphasizes the importance of collaboration in designing sustainable systems. He believes true progress emerges from co-created solutions that honor both individuality and collective aspirations. His partnerships with global thought leaders and grassroots movements showcase the power of inclusive, participatory engagement.

### **Spiritual Insights**

Fyodor's grounded perspective integrates spiritual reflection with practical systems thinking. While respecting transcendental interpretations, he advocates for staying rooted in the humanistic and material dimensions of existence. His approach helps leaders navigate the fine line between envisioning possibilities and remaining pragmatic in their efforts.

### **Engaging Topics for the Future**

Fyodor envisions a future where systems thinking becomes a common language, empowering individuals and organizations to navigate complexity with confidence. His work aligns with global efforts to redefine societal norms and create structures that support sustainability and equity.

## **Authentic Human Connection**

Fyodor's leadership philosophy revolves around authenticity and mutual understanding. He views relationships as the foundation for meaningful work, emphasizing the importance of listening, adapting, and co-creating with others. His commitment to this principle fosters environments where transformative change thrives.

## **Conclusion**

Fyodor Ovchinnikov's journey reflects the intricate dance between personal introspection and systemic impact. His work inspires readers to explore their roles as co-creators of a more connected, compassionate, and conscious world. This chapter serves as a beacon for those seeking to understand and embrace the principles of holistic systems change.



# Dr. Robert Gilman

<https://youtu.be/TI8y7Pd4O0A>

## *Navigating the Flow of Cultural Evolution*

### **Transformational Journeys**

Dr. Robert Gilman, a pioneer in the field of sustainability and co-founder of the Context Institute, shared his transformative journey in Episode 2 of *One World in a New World*. Originally an astrophysicist, Robert's path shifted as he realized his greater calling was not in the stars, but in helping to shape a more harmonious planet. His work has spanned decades, and through his experiences, he has become a "planetary midwife," guiding the birth of new cultural patterns and systems. His journey began in the 1970s when he and his wife created the North Olympic Living Lightly Association, an initiative to foster sustainability and community.

### **Exploring Consciousness**

Dr. Gilman emphasizes the importance of viewing the world through a holistic lens, recognizing the interconnectedness of human actions, the environment, and social structures. His work is rooted in systems thinking, understanding that each part of the system, like pieces of an elephant, plays a role in the greater whole. Through his journey, he discovered the transformative power of engaging in community-building practices that are rooted in collective wisdom, where individual actions contribute to larger systemic changes.

### **Pioneering Change**

As a thought leader in sustainability, Robert Gilman's work through the Context Institute has been instrumental in advocating for the integration of systems thinking and regenerative culture into community development. His vision of a bright future is based on the idea that true societal evolution comes from harmony—within

oneself, with others, and with nature. He continues to inspire individuals and communities to embrace this interconnected approach, helping them shift from the traditional dominance hierarchies to more organic, harmonious ways of living.

### **Practical Wisdom**

A key message in Dr. Gilman's work is the importance of personal growth and self-awareness in fostering societal change. He recommends practices that help individuals reconnect with their inner sense of safety and creativity. One such practice he advocates is the "neurological reset," a simple breathing exercise designed to calm the nervous system, reduce triggers, and bring individuals back into their "optimal zone." He believes that when individuals feel safe, they can access their creativity and love, leading to more meaningful interactions and decisions.

### **Inspiring Collaboration**

Dr. Gilman emphasizes the power of collaboration in systems change. His work focuses on creating spaces where diverse perspectives can converge, allowing people to see the bigger picture and contribute to collective solutions. The Context Institute's initiatives, such as the Bright Future Network, connect over 300 people in 30 countries, showcasing the potential for peer-to-peer communication to transcend traditional power structures and create lasting impact.

### **Spiritual Insights**

Through his own experiences and the teachings of others, Dr. Gilman reflects on the role of faith, love, and trust in navigating the uncertainties of life. He believes that the key to moving forward in a time of deep cultural transition is to trust the process, embrace the flow of change, and have faith that new solutions will emerge when the time is right. This belief is grounded in his understanding of the deeper patterns of life that guide individuals and societies toward greater harmony and sustainability.



## **Engaging Topics for the Future**

Dr. Gilman sees the future of humanity as one where systems thinking and regenerative practices become the norm. He envisions communities that are not only sustainable but thrive through cooperation, shared wisdom, and respect for the natural world. He believes that by embracing these principles, we can move from a world of dominance and fear to one of shared stewardship and collective growth.

## **Authentic Human Connection**

At the heart of Dr. Gilman's work is the belief in the power of authentic human connection. He highlights the importance of seeing each other not through the lens of competition or fear, but as fellow co-creators of a better world. His work encourages people to engage with one another from a place of mutual respect, understanding, and compassion, creating spaces where true collaboration and transformation can take place.

## **Conclusion**

Dr. Robert Gilman's work offers a roadmap for navigating the complex transition to a more sustainable and harmonious world. By embracing systems thinking, cultivating personal growth, and fostering collaboration, he shows how individuals and communities can contribute to the greater good. His insights inspire readers to trust in the process of evolution and to participate actively in shaping a future that honors the interconnectedness of all life.



# Antony Upward

<https://youtu.be/36qBoyv4Lk0>

## *Transforming Business for a Flourishing Future*

### **Transformational Journeys**

Antony Upward, a self-described “pracademic” in sustainable business and the creator of the Flourishing Business Canvas, shared his innovative approach to business design in Episode 3 of *One World in a New World*. With an academic background and over a decade of experience as a sustainable business architect, Antony’s journey began with the realization that existing business models prioritized profit over purpose. His vision led to the creation of tools that enable businesses to operate as forces for social good, environmental regeneration, and financial viability.

### **Exploring Consciousness**

Antony’s work emphasizes the shift from planning to design in business development. He introduces the idea that traditional planning assumes a static, fictional future, whereas design embraces iterative processes grounded in creativity and adaptability. His Flourishing Business Canvas challenges individuals and organizations to think beyond profit by embedding personal and collective purposes into the business model. This process encourages alignment with broader societal and environmental goals.

### **Pioneering Change**

The Flourishing Business Canvas stands apart by contextualizing businesses within the nested frameworks of the environment, society, and economy. Antony redefines the “environment” through the lens of the “critical zone,” a small, life-sustaining portion of the Earth’s surface, rather than the expansive concept of the globe. This perspective brings urgency and clarity to the need for sustainable

practices, inspiring businesses to become catalysts for change within this delicate, interconnected system.

### **Practical Wisdom**

Antony emphasizes the importance of asking the right questions when designing businesses. By focusing on “why,” entrepreneurs and leaders can uncover the deeper purpose behind their ventures. He highlights the value of tools like the Flourishing Business Canvas in fostering collaboration and shared understanding among stakeholders. For Antony, flourishing encompasses not only financial viability but also social benefits and environmental regeneration, offering a holistic roadmap for sustainable success.

### **Inspiring Collaboration**

Central to Antony’s approach is the concept of value co-creation, which reframes traditional value propositions as shared efforts among stakeholders. He advocates for inclusive collaboration, engaging a wide range of voices in the co-creation of business models. By adopting this approach, organizations can break free from hierarchical structures and cultivate environments where diverse perspectives contribute to innovation and growth.

### **Spiritual Insights**

Antony views flourishing as a deeply personal and collective journey, bridging the spiritual and practical dimensions of life. He draws from indigenous wisdom, scientific knowledge, and ethical principles to guide his work. This holistic approach invites businesses to embrace their roles as stewards of the planet, fostering a sense of interconnectedness and shared responsibility.

### **Engaging Topics for the Future**

Antony envisions a future where regenerative cultures become the norm in business. He believes the shift toward systems thinking and synthesis will empower organizations to address complex challenges

with creativity and resilience. By embracing the interconnectedness of economic, social, and environmental systems, businesses can lead the way in creating a more harmonious and sustainable world.

### **Authentic Human Connection**

Antony's work highlights the importance of authenticity in business relationships. He acknowledges the challenges of navigating diverse perspectives but sees them as opportunities for deeper connection and shared purpose. By fostering environments of trust and abundance, he inspires individuals and organizations to move beyond competition toward collaboration and mutual growth.

### **Conclusion**

Antony Upward's insights provide a compelling vision for the future of business. Through the Flourishing Business Canvas, he equips leaders with the tools to design ventures that prioritize sustainability, purpose, and collaboration. His work challenges conventional paradigms and invites readers to reimagine the role of business in shaping a flourishing future for humanity and the planet.



# Michelle Holliday

<https://youtu.be/tA-E8HV24Sg>

## *Cultivating Thrivability: The Path to Flourishing*

### **Transformational Journeys**

Michelle Holliday, an author, speaker, and researcher, shared her profound journey toward thrivability in Episode 4 of *One World in a New World*. Her path began during her tenure at multinational corporations like Coca-Cola, where a clash between her personal values and corporate practices led her to explore alternative ways of engaging with the world. Battling physical and emotional discomfort, Michelle embarked on an inner journey, seeking to align her work with a deeper purpose. This quest culminated in her pioneering work on thrivability, a concept that transcends sustainability by integrating informed intention and practice to enable life to thrive.

### **Exploring Consciousness**

Michelle's exploration of thrivability emphasizes the importance of the inner journey in reshaping our outer realities. She highlights the integration of the "three brains"—gut, heart, and head—as a pathway to harmonize with nature and the greater ecosystem. By tapping into indigenous wisdom and contemporary science, Michelle uncovers universal principles that guide individuals and organizations toward creating fertile conditions for thriving, both internally and externally.

### **Pioneering Change**

Through her book and consulting work, Michelle advocates for a shift from mechanistic models to living systems principles. Thrivability reframes traditional narratives, encouraging businesses, communities, and individuals to adopt practices that nurture life's capacity to flourish. Her collaborative work with sectors like

agriculture, tourism, and organizational development demonstrates the practical application of these principles in creating regenerative systems.

### **Practical Wisdom**

Michelle introduces thriving as “the informed intention and practice of enabling life to thrive.” She emphasizes the need to understand life’s design principles, set thriving as an intention, and engage in consistent practices to align with these goals. Her work reveals that meaningful transformation requires individuals and organizations to rethink their relationships with the environment, society, and themselves, fostering deeper connections and sustainable growth.

### **Inspiring Collaboration**

Michelle’s work expands beyond individual organizations to cross-sector collaborations. By engaging groups such as farmers and regional tourism authorities, she fosters collective shifts toward thriving. Her approach encourages communities to see themselves as stewards of living systems, cultivating environments where people and nature can coexist harmoniously.

### **Spiritual Insights**

Michelle draws on the convergence of science, indigenous wisdom, and spirituality to deepen understanding and foster systemic change. She highlights the importance of metaphors and language in shaping our realities, advocating for a shift from mechanistic to organic concepts. Her insights reveal how play, beauty, and a sense of belonging serve as gateways to greater wisdom and connection.

### **Engaging Topics for the Future**

Michelle envisions a future where individuals and organizations prioritize life’s capacity to thrive. She sees thriving as a guiding framework for addressing global challenges and opportunities,



bridging ancient wisdom with contemporary innovation. By fostering informed intention, collaboration, and courageous conversations, Michelle inspires others to contribute to a more regenerative and integrated world.

### **Authentic Human Connection**

At the heart of Michelle's work is a commitment to fostering authentic connections. She encourages individuals to engage in deeper conversations and shared practices, tuning into the wisdom of life through play, art, and nature. Her emphasis on collective meaning-making highlights the importance of relationships in co-creating a more thrivable world.

### **Conclusion**

Michelle Holliday's journey illuminates the path to thriving as a transformative framework for individuals, organizations, and communities. Her work invites us to embrace life's inherent wisdom, cultivate regenerative practices, and create environments where people and the planet can flourish together. Through her insights and actions, Michelle inspires readers to explore their roles in the ongoing evolution of a more harmonious and thriving future.



# Mansi Kakkar

<https://youtu.be/nlQdCVwkVwU>

## *Weaving Mindsets for Collective Transformation*

### **Transformational Journeys**

Mansi Kakkar, a mindset weaver, pattern transcriber, and warrior goddess, shared her extraordinary journey in Episode 5 of *One World in a New World*. From her childhood in India, where she found solace and inspiration conversing with the clouds, to her current roles as an innovator, educator, and creative leader, Mansi's path is guided by an innate curiosity and playful dialogue with life. Her work bridges ancient wisdom and contemporary innovation, offering a transformative lens for exploring human connection, creativity, and the power of aligned purpose.

### **Exploring Consciousness**

Mansi's life philosophy centers on the idea of living in conversation with all of life. She views herself as both a participant in and an observer of the grand design, a blueprint of cosmic creativity. By embracing a symbolic approach to life, she integrates her inner experiences with the outer world, creating a regenerative feedback loop that fuels her creative endeavors and professional contributions. Her practice of weaving mindsets encourages individuals to find harmony between opposing views, fostering deeper understanding and collaboration.

### **Pioneering Change**

As Director of Design and Innovation at the Early Learning Lab and an instructor of social innovation at Stanford University, Mansi is at the forefront of shifting organizational cultures and societal norms. Her work emphasizes the integration of feminine and masculine energies, encouraging a balance of intuitive insight and structured action. By

reframing challenges as opportunities for playful exploration, she helps individuals and organizations navigate uncertainty and embrace transformation.

### **Practical Wisdom**

Mansi's approach to transformation is deeply rooted in simplicity and presence. She emphasizes the power of showing up authentically, trusting in the natural unfolding of life's wisdom. Her advice: "The right choice is the one you make." This empowering perspective alleviates the pressure of perfection and invites individuals to step into their becoming with courage and curiosity.

### **Inspiring Collaboration**

Through her roles and projects, Mansi fosters environments where diverse perspectives are honored, and creativity flourishes. Her unique ability to connect the seen and unseen, the practical and the mystical, inspires others to approach challenges with openness and playfulness. Her initiatives, such as integrating poetry and performance into professional settings, illustrate the transformative power of creative expression in shifting mindsets and building community.

### **Spiritual Insights**

Mansi views the interplay of feminine and masculine energies as essential to personal and collective evolution. She describes the feminine as the diffuse, visionary energy that sees into potential, and the masculine as the structured force that manifests those visions into reality. This dynamic balance creates the foundation for thriving systems, relationships, and cultures.

### **Engaging Topics for the Future**

Mansi envisions a world where play, beauty, and intuition guide the transformation of systems and societies. She believes that by embracing vulnerability, nurturing authentic connection, and

honoring the wisdom of the unseen, humanity can create a more harmonious and regenerative future. Her work encourages individuals to question outdated paradigms, embrace their power, and co-create solutions that align with the greater good.

### **Authentic Human Connection**

At the heart of Mansi's work is the belief in the profound potential of authentic human connection. She advocates for fostering spaces where individuals feel seen, heard, and empowered to share their truths. Her practice of inviting deeper conversations and honoring diverse perspectives creates pathways for meaningful change and collective growth.

### **Conclusion**

Mansi Kakkar's journey illuminates the transformative power of curiosity, creativity, and connection. By weaving mindsets, embracing the symbolic nature of life, and balancing feminine and masculine energies, she offers a roadmap for personal and collective evolution. Her insights inspire readers to approach life's challenges with playfulness and courage, stepping into their unique roles as co-creators of a thriving world.



# Anton Chernikov

<https://youtu.be/CovolRcdBGk>

## *Building Regenerative Futures*

### **Transformational Journeys**

Anton Chernikov, a regenerative community builder, social entrepreneur, and founder of multiple initiatives, shared his vision for harmonious living in Episode 6 of *One World in a New World*. Born in Moscow and raised in England, Anton's early experiences highlighted the isolation of suburban life, sparking his curiosity about how the built environment could foster connection, well-being, and community. His journey reflects a deep desire to address the disconnection inherent in modern urban and suburban lifestyles.

### **Exploring Consciousness**

Anton's reflections on education and societal systems reveal his belief that current models often stifle curiosity and limit personal growth. He advocates for learning experiences that prioritize emotional intelligence, interpersonal skills, and holistic development. His insights emphasize the importance of unlearning traditional frameworks and embracing creative exploration. Through intentional experiences like festivals, projects, and collaborations, Anton cultivates spaces where individuals can rediscover their humanity and build meaningful connections.

### **Pioneering Change**

As a co-founder of the Rebuild conference and House of Transformation, Anton is pioneering solutions for regenerative living. His initiatives focus on reimagining urban and rural spaces to integrate community, ecology, and innovation. Anton's work challenges traditional paradigms of city and country living, proposing a hybrid model that combines the best of both worlds. His efforts aim

to create thriving, adaptable communities that prioritize human well-being and environmental sustainability.

### **Practical Wisdom**

Anton emphasizes starting small and local as a practical approach to systemic change. His philosophy includes experimenting with multifunctional spaces that serve diverse needs, from professional collaboration to artistic expression. He advocates for forming partnerships with landowners and leveraging existing assets to develop innovative models like agrihoods—integrated communities that blend agriculture, housing, and shared spaces for learning and creativity.

### **Inspiring Collaboration**

Anton's work exemplifies the power of collective intelligence and collaborative action. Through Rebuild and other platforms, he connects global networks of like-minded individuals and organizations, fostering a shared vision for regenerative futures. His projects demonstrate how diverse skill sets and perspectives can coalesce to address complex challenges and create lasting impact.

### **Spiritual Insights**

Anton's journey reflects a deep faith in the power of play and intuition. He believes in the magic of stepping into the unknown, where creativity and innovation naturally emerge. His holistic approach integrates quantum principles of interconnectedness, emphasizing the importance of alignment and resonance in co-creating meaningful change.

### **Engaging Topics for the Future**

Anton envisions a future where people can live healthier, more fulfilling lives by integrating nature and community into their daily environments. He emphasizes the potential of regenerative agriculture, multi-generational living, and holistic design to transform



both urban and rural landscapes. His work invites others to question traditional norms, embrace complexity, and imagine new possibilities for living, working, and thriving.

### **Authentic Human Connection**

For Anton, building community is a slow, deep process that goes beyond networks. He highlights the importance of cultivating physical spaces that foster intimacy, collaboration, and shared purpose. His vision extends to creating participatory environments where individuals feel connected to their surroundings and each other, bridging the gap between digital and physical interaction.

### **Conclusion**

Anton Chernikov's story inspires a reimagining of how we live and work in harmony with the planet and one another. Through his regenerative projects and collaborative initiatives, he invites readers to explore new paradigms of community, creativity, and sustainability. His journey offers a roadmap for cultivating thriving spaces that reflect the interconnected nature of life and the potential for a brighter, more harmonious future.



# Dennis Pitocco

<https://youtu.be/8M-yy3fZk70>

*Reimagining Humanity through Service and Connection*

## **Transformational Journeys**

Dennis Pitocco, founder of *BizCatalyst 360* and *360 Nation*, shared his remarkable path from a military and corporate banking career to becoming a global advocate for rediscovering humanity in Episode 7 of *One World in a New World*. With a profound commitment to service, Dennis and his wife made a bold transition in their lives, choosing to focus their time, talent, and treasure on projects that bring purpose and connection to others. Their vision has culminated in initiatives like *GoodWorks 360* and *360 Nation Studios*, which empower nonprofits, amplify voices, and foster a global sense of community.

## **Exploring Consciousness**

Dennis's life philosophy centers on doing the right thing, even when no one is watching. His perspective is deeply informed by integrity, a principle he cultivated early in his career. This inner compass has guided his journey of self-discovery and service. For Dennis, rediscovering humanity starts with individual choices that align with moral and ethical values, creating ripples of positive impact across communities.

## **Pioneering Change**

Through *BizCatalyst 360*, Dennis has created a platform for over 900 authors from across the globe to share their voices on topics ranging from business to culture, life, and poetry. The platform's commitment to freedom of expression has attracted contributors who appreciate its uncensored, inclusive approach. With the launch of *GoodWorks 360*, Dennis and his team provide pro bono consulting

services to nonprofits, enhancing their ability to serve communities worldwide. Their projects exemplify the power of doing more with less, emphasizing service over profit.

### **Practical Wisdom**

Dennis champions the importance of patience, persistence, and purpose. He believes that achieving meaningful goals requires a blend of faith and proactive engagement. His advice: “Do the right thing. Use it as your moral compass and build from there.” This simple yet profound principle has shaped both his personal life and professional endeavors, inspiring others to align their actions with integrity.

### **Inspiring Collaboration**

Dennis’s initiatives demonstrate the value of collaboration and community. Whether through *360 Nation Studios’* productions, which amplify voices of hope and humanity, or global writing networks, his work connects individuals with shared aspirations. The projects, such as HopeFest and BucketFest, invite participants to reflect on their dreams and contribute to a collective narrative of optimism and transformation.

### **Spiritual Insights**

Dennis views life as a journey of faith, love, and trust. He recognizes the magic in moments of serendipity and synchronicity, where unseen connections lead to extraordinary outcomes. His perspective invites others to embrace the unknown, trust the process, and find meaning in small acts of kindness and courage.

### **Engaging Topics for the Future**

Looking ahead, Dennis envisions a world where individuals embrace their power to make a difference. By fostering conversations about hope, purpose, and humanity, his work encourages a shift from robotic existence to intentional living. He sees an opportunity for

people to co-create a more compassionate, connected, and sustainable future.

### **Authentic Human Connection**

At the heart of Dennis's work is a commitment to building authentic relationships. He emphasizes the importance of vulnerability, humility, and open dialogue in creating spaces where people feel seen and heard. By empowering others to share their stories, he cultivates a culture of trust and mutual respect.

### **Conclusion**

Dennis Pitocco's journey from corporate leader to global humanitarian is a testament to the transformative power of purpose-driven living. Through platforms like *BizCatalyst 360* and *360 Nation*, he has redefined what it means to give back, inspiring others to step into their roles as catalysts for change. His story invites readers to explore their potential to contribute to a better world, guided by integrity, connection, and an unwavering belief in the goodness of humanity.



# Dr. Erica Miller

<https://youtu.be/zW991RS0Ofk>

*Living with Gusto: The Gift of Courage and Curiosity*

## **Transformational Journeys**

Dr. Erica Miller, Holocaust survivor, author, psychologist, and international speaker, shared her inspiring story of resilience in Episode 8 of *One World in a New World*. Born in Romania, Erica endured years of hardship in a concentration camp during World War II. Her journey from survival to triumph shaped her indomitable spirit and led to a life of fearlessness and determination. After immigrating to Israel and serving in the Israeli Air Force, she pursued her passion for education and eventually earned a PhD in clinical psychology in the United States. Erica's life philosophy revolves around embracing challenges with courage and living with gusto.

## **Exploring Consciousness**

Erica's life is a testament to the power of curiosity and the will to overcome. She reflects on the layers of human experience, advocating for introspection as a pathway to healing and growth. Her childhood memories of wanting to comfort a grieving woman in the camp catalyzed her desire to heal others, a mission she carried into her career in psychology. Erica believes that the capacity to evolve lies within each individual, even amid adversity, as long as they have the courage to embrace change and self-awareness.

## **Pioneering Change**

As a psychologist, Erica worked with clients from diverse backgrounds, emphasizing the importance of introspection, persistence, and adaptability. She is a proponent of lifelong learning and self-discovery, demonstrating how each individual can redefine their narrative. Her mantra, "Don't tell me I can't do it," underscores

her belief in the limitless potential of human resilience. Erica's personal and professional journey exemplifies how one can channel past struggles into a source of strength and purpose.

### **Practical Wisdom**

Erica's advice is grounded in her lived experiences. She emphasizes self-care, maintaining a healthy lifestyle, and nurturing a mindset of gratitude and optimism. She attributes her vitality to daily practices like walking, weight training, and a pescatarian diet. Erica also champions the importance of staying curious, embracing new challenges, and finding meaning in small moments of joy. Her wisdom: "The cup is always half full, and we hold the pitcher."

### **Inspiring Collaboration**

Erica's ability to connect with others is one of her greatest strengths. Whether speaking to young students, addressing business leaders, or engaging with her community, she inspires individuals to embrace their uniqueness and rise above their limitations. Her stories of engaging with people from all walks of life reflect her belief in the transformative power of human connection and mutual support.

### **Spiritual Insights**

Erica's reflections on life and death reveal her deep spirituality and appreciation for the mystery of existence. She views her survival and achievements as a gift and a responsibility to inspire others. Her approach to life is infused with humor, humility, and a profound sense of gratitude for each moment. Her belief in the interconnectedness of humanity and the power of shared stories serves as a guiding light for those seeking to find meaning in their own lives.

### **Engaging Topics for the Future**

Erica envisions a world where individuals embrace their inner strength and live with purpose and passion. She sees opportunities



for growth and connection in the challenges of the modern era. By fostering resilience, encouraging introspection, and cultivating curiosity, Erica believes we can collectively build a more compassionate and courageous society.

### **Authentic Human Connection**

Erica's interactions are imbued with authenticity and warmth. She encourages others to approach life with humor and boldness, sharing her own experiences of vulnerability and triumph. Her ability to inspire and uplift those around her has left a lasting impact on countless lives, creating ripples of positivity and resilience.

### **Conclusion**

Dr. Erica Miller's story is a celebration of the human spirit's capacity to overcome and thrive. Her unwavering belief in the power of courage, curiosity, and gratitude invites readers to reimagine their own potential. Erica's life serves as a beacon of hope and inspiration, reminding us all to live with gusto, embrace our uniqueness, and find joy in the adventure of life.



# Jim Britt

[https://youtu.be/rLrBn6\\_aPd4](https://youtu.be/rLrBn6_aPd4)

*Letting Go to Find the Truth Within*

## **Transformational Journeys**

Jim Britt, a best-selling author, motivational speaker, and success coach, shared his remarkable journey of transformation in Episode 9 of *One World in a New World*. A high school dropout with a modest upbringing, Jim climbed the ladder of success, accumulating wealth and recognition as a coach. However, his journey took a profound turn when he realized that material success did not equate to happiness. Jim embarked on a quest for deeper understanding, surrendering the trappings of his success to explore the essence of fulfillment and purpose.

## **Exploring Consciousness**

Jim's transformative experience began with introspection during a pivotal moment in Sedona, Arizona. Surrounded by luxury yet plagued by unhappiness, he surrendered his possessions and undertook a journey of self-discovery. His time in Hawaii's remote landscapes allowed him to embrace vulnerability and connect with the "source" within. This journey led him to insights about the interplay between fear, love, and human potential, shaping his philosophy of living authentically.

## **Pioneering Change**

Jim's work as a motivational speaker evolved as he began to focus on teaching people how to let go of limiting beliefs and align with their inner truth. Through his seminars and coaching, he helps individuals move past societal programming and embrace the power of conscious choices. His philosophy, rooted in self-awareness and

connection to source energy, empowers people to navigate life's challenges with clarity and courage.

### **Practical Wisdom**

Jim's approach to personal growth emphasizes simplicity and observation. He advises individuals to observe their thoughts and emotions, identifying attachments that no longer serve them. His mantra: "Let go of what's not serving you." By practicing self-observation, people can disconnect from patterns of fear and frustration, finding greater freedom and peace.

### **Inspiring Collaboration**

Through his extensive work in personal development, Jim has collaborated with thought leaders and built communities that support transformation. His experiences highlight the importance of asking meaningful questions and connecting authentically with others. He believes in the power of helping people without expecting anything in return, fostering networks of mutual support and growth.

### **Spiritual Insights**

Jim's reflections on source energy and human potential reveal a deep spiritual understanding. He sees fear as a creation of love, inviting individuals to address it and expand their capacity for growth. By reconnecting with the essence of life, he encourages people to co-create their realities with intention and alignment.

### **Engaging Topics for the Future**

Jim envisions a world where individuals embrace self-awareness and authenticity. By shedding societal programming and exploring their true potential, people can create lives of purpose and fulfillment. His work emphasizes the importance of personal choice and the interconnected nature of humanity.

### **Authentic Human Connection**

At the core of Jim's philosophy is the belief in the power of authentic connection. He encourages people to engage in meaningful conversations, listen deeply, and offer help wherever possible. His interactions are guided by a genuine desire to uplift and inspire others, fostering relationships built on trust and reciprocity.

### **Conclusion**

Jim Britt's journey is a testament to the transformative power of letting go and embracing inner truth. His teachings inspire readers to observe their lives, release limiting beliefs, and align with their authentic selves. Through his wisdom and compassion, Jim offers a pathway to living with purpose, clarity, and joy.



# Deborah Levine

<https://youtu.be/HFLapt921Qc>

*The Art of Bridging Divides through Stories and Connection*

## **Transformational Journeys**

Deborah Levine, a Forbes Top 10 Diversity and Inclusion Trailblazer, shared her remarkable journey of transformation in Episode 10 of *One World in a New World*. From growing up as the only Jewish family on the British-colonial island of Bermuda to becoming a global voice for diversity and inclusion, Deborah's path has been shaped by her resilience, creativity, and commitment to bridging divides. Her journey has led her to become an award-winning author, founder of the *American Diversity Report*, and an advocate for creating spaces where different perspectives can thrive.

## **Exploring Consciousness**

Deborah's life is a testament to the transformative power of empathy and storytelling. As an empath, she experienced the depth of human emotion from a young age, often feeling like an outsider yet finding solace in writing and the arts. Her reflections on growing up in a segregated society and navigating cultural transitions—from Bermuda to New York—highlight the importance of adapting and finding common ground in diverse environments. Her experiences have deepened her understanding of human interconnectedness and the power of authentic expression.

## **Pioneering Change**

Deborah's pioneering work in diversity began through interfaith dialogues, inspired by her background and education at Harvard Divinity School. She went on to create initiatives like the Women's Council on Diversity and the *American Diversity Report*, providing platforms for collaborative conversations and systemic change. Her

innovative projects, such as cross-cultural leadership training and emotional intelligence workshops, reflect her ability to bring diverse groups together to address shared challenges and opportunities.

### **Practical Wisdom**

Deborah emphasizes the importance of writing as a tool for self-discovery and connection. She encourages individuals to keep diaries or blogs, using storytelling as a means to process experiences and create meaningful impact. Her advice: “Write it down and look back on it—it transforms you.” She also advocates for connecting with loved ones who have passed, inviting their wisdom into daily decision-making and personal growth.

### **Inspiring Collaboration**

Through her work, Deborah has brought together leaders, educators, and communities to tackle complex issues like healthcare equity, cultural adaptation, and global leadership. Her ability to engage people from different walks of life, from corporate executives to local community members, exemplifies the power of collaboration in achieving systemic change. Her initiatives have helped organizations and individuals develop the skills and mindset needed to thrive in an increasingly interconnected world.

### **Spiritual Insights**

Deborah’s reflections on spirituality and storytelling reveal a deep belief in the healing power of connection. She describes storytelling as a timeless bridge between individuals and cultures, enabling people to access universal truths and shared humanity. Her work integrates emotional intelligence, cultural sensitivity, and historical awareness, creating a holistic approach to building understanding and compassion.

### **Engaging Topics for the Future**

Deborah envisions a future where storytelling and empathy become



central to addressing societal challenges. She sees opportunities to build bridges across divides through innovative approaches to diversity, equity, and inclusion. Her work emphasizes the importance of creating spaces where individuals feel seen, heard, and valued, fostering a sense of belonging and collective purpose.

### **Authentic Human Connection**

At the heart of Deborah's work is her commitment to fostering authentic relationships. She encourages individuals to engage in meaningful dialogue, share their unique perspectives, and listen deeply to others. Her projects, from women's councils to global leadership training, reflect her belief in the power of human connection to create lasting change.

### **Conclusion**

Deborah Levine's journey demonstrates the transformative power of resilience, creativity, and storytelling. Her work inspires readers to embrace diversity, connect with others, and use their voices to build a more inclusive and compassionate world. Through her insights and initiatives, Deborah invites us to explore our shared humanity and co-create a brighter future.



# Steve Bhaerman

<https://youtu.be/hIAuNsQ4h0Q>

*Cosmic Comedy and the Art of Waking Up*

## **Transformational Journeys**

Steve Bhaerman, also known as Swami Beyondananda, shared his journey of blending comedy, spirituality, and cultural critique in Episode 11 of *One World in a New World*. From a humorous childhood in Brooklyn to becoming a global speaker and co-author of *Spontaneous Evolution* with Dr. Bruce Lipton, Steve's path has been marked by his ability to use humor as both a shield and a bridge. His work inspires individuals to think differently, explore their inner nature, and find common ground in divisive times.

## **Exploring Consciousness**

Steve's comedy is deeply rooted in the exploration of consciousness and the interplay between humor and awareness. He describes humor as a way to "trick the mind" and create a space for new perspectives to emerge. By cultivating a playful attitude, Steve helps people step out of their habitual thought patterns, allowing for deeper reflection and connection. His work with Swami Beyondananda highlights the transformative power of laughter in navigating life's challenges and contradictions.

## **Pioneering Change**

Through his alternative high school projects and holistic publications, Steve has been a pioneer in education and cultural innovation. His ability to engage with diverse communities and introduce unconventional ideas has created ripple effects in education, spirituality, and personal development. By incorporating humor into serious topics, he bridges divides and encourages collaborative problem-solving.

## **Practical Wisdom**

Steve emphasizes the importance of playfulness and curiosity in fostering creativity and resilience. His teachings include simple practices, such as finding humor in everyday situations and embracing the unexpected. His mantra: “Happy people get more done with less supervision,” underscores his belief in the power of joy and engagement to drive meaningful change.

## **Inspiring Collaboration**

Through his humor and storytelling, Steve fosters environments where people feel safe to explore new ideas and perspectives. His collaborations with thought leaders like Dr. Bruce Lipton have brought together science, spirituality, and humor in groundbreaking ways. His work encourages collective awakening and action toward a more harmonious world.

## **Spiritual Insights**

Steve’s reflections on spirituality emphasize the interconnectedness of all life. Drawing on insights from quantum physics and ancient wisdom, he explores the importance of alignment between the gut, heart, and head in making decisions. He views synchronicity and grace as guiding forces, reminding us of the magic and mystery of existence.

## **Engaging Topics for the Future**

Steve envisions a world where humor and playfulness are recognized as vital tools for social change. By combining humor with deeper truths, he inspires individuals and communities to transcend fear, division, and outdated paradigms. His focus on regenerative culture and sense-making offers a path toward collective evolution.

## **Authentic Human Connection**

At the heart of Steve’s work is a commitment to fostering genuine relationships. He believes that laughter creates a shared space of

authenticity, breaking down barriers and building trust. His ability to connect with audiences across cultures and perspectives reflects his dedication to creating a more inclusive and compassionate world.

### **Conclusion**

Steve Bhaerman's journey demonstrates the power of humor as a transformative force. His teachings inspire readers to embrace laughter, live authentically, and explore the deeper truths of life. By blending comedy, spirituality, and cultural critique, Steve offers a roadmap for navigating the complexities of the modern world with joy and wisdom.



# Brady Mick

<https://youtu.be/xStZDhHYr7A>

## *Designing Futures Through Quiet Reflection*

### **Transformational Journeys**

Brady Mick, an architect, design thinker, and former Director of Strategic Design at SHP, shared his profound insights into the art of creating meaningful environments in Episode 12 of *One World in a New World*. From his early days as an architecture student at Ball State University to his current journey of self-discovery, Brady's path has been guided by a desire to align creativity with purpose. His experiences highlight the transformative power of deep thinking and intentional design in shaping the future.

### **Exploring Consciousness**

Brady's exploration of consciousness began during his time in architecture school, where a chance encounter with Carl Jung's writings on synchronicity sparked a profound awakening. This experience dislodged him from his conventional understanding of reality, prompting him to embrace a more intuitive approach to design and problem-solving. Brady emphasizes the importance of the "three brains"—the gut, heart, and head—in guiding human decisions, advocating for a holistic alignment that integrates emotion, intellect, and intuition.

### **Pioneering Change**

As a design thinker, Brady has led workshops and projects aimed at uncovering innovative solutions for organizations. His approach is rooted in sense-making, a process that involves quiet reflection, thoughtful questioning, and collaborative ideation. Brady believes that true innovation emerges from a space of stillness, where

individuals and teams can access deeper insights and align their efforts with shared values and goals.

### **Practical Wisdom**

Brady champions the practice of quiet reflection as a cornerstone of creativity and problem-solving. He advises individuals and teams to pause, listen, and allow answers to emerge naturally. His mantra: “Attention, intention, and interaction,” serves as a guide for engaging with challenges in a mindful and effective way. Brady also highlights the value of simple practices like outdoor labor or meditative activities, which create space for the mind to relax and explore new possibilities.

### **Inspiring Collaboration**

Through his workshops and leadership roles, Brady has cultivated environments where diverse perspectives converge to create innovative solutions. His belief in the power of asking the right questions has enabled him to guide teams toward co-creating outcomes that reflect their collective intelligence and purpose. He emphasizes that design is not just about creating spaces but about fostering relationships and experiences that resonate deeply with people.

### **Spiritual Insights**

Brady’s reflections on intuition and sense-making are deeply intertwined with his spiritual understanding. He describes intuition as a resonance with the truth that transcends logic, inviting individuals to trust their inner knowing. His work integrates scientific principles with metaphysical concepts, creating a framework that honors both the tangible and intangible aspects of human experience.

### **Engaging Topics for the Future**

Brady envisions a future where design and innovation are guided by intuition and collaboration. He believes that embracing ambiguity



and vulnerability can unlock new levels of creativity and connection. His work encourages individuals and organizations to move beyond traditional hierarchies and engage in processes that empower all voices and perspectives.

### **Authentic Human Connection**

At the heart of Brady's philosophy is a commitment to fostering authentic relationships. He advocates for creating spaces where people feel safe to express themselves and explore new ideas. His emphasis on trust, empathy, and shared purpose creates a foundation for meaningful collaboration and transformative outcomes.

### **Conclusion**

Brady Mick's journey reflects the profound impact of aligning creativity with purpose and intuition. His teachings inspire readers to embrace stillness, ask thoughtful questions, and collaborate authentically to design futures that resonate with the human spirit. Through his insights and experiences, Brady offers a roadmap for navigating the complexities of the modern world with grace and intention.



# Mitchell Levy

<https://youtu.be/u9RM1gyipGY>

## *Credibility as the Currency of the New World*

### **Transformational Journeys**

Mitchell Levy, a global credibility expert, TEDx speaker, and author, shared his groundbreaking journey into redefining credibility in Episode 13 of *One World in a New World*. Starting his career in the corporate sector and later transitioning to entrepreneurship, Mitchell's path was shaped by his commitment to exploring authenticity, trust, and alignment in professional and personal lives. With a background that includes publishing over 750 books and interviewing over 600 thought leaders, Mitchell's work focuses on empowering individuals and organizations to embrace credibility as a core principle.

### **Exploring Consciousness**

Mitchell's exploration of credibility began as a personal quest for integrity. Growing up without a strong paternal figure, he recognized the value of integrity from an early age. His awakening deepened after leaving corporate life, during which he began to align his inner values with his outer work. Through his interviews and two TEDx talks, he discovered that credibility is more than trust—it involves showing up authentically, serving others, and being open to growth.

### **Pioneering Change**

Mitchell's work has redefined credibility in a way that transcends traditional norms. His framework introduces ten components under the pillars of *Know, Like, and Trust*, offering a comprehensive view of what it means to be credible. By creating *Credibility Nation* and publishing the international bestseller *Credibility Nation*, he empowers businesses and individuals to align their actions with their

purpose. His innovative "CPOP" (Customer Point of Pain) approach helps people articulate their purpose and align their messaging to create meaningful connections.

### **Practical Wisdom**

Mitchell's advice is rooted in clarity and intentionality. He encourages individuals to define their "CPOP" to succinctly identify who they serve and the pain points they address. This clarity allows individuals and organizations to magnetize the right opportunities and audiences. His mantra, "Show up when you show up," underscores the importance of being prepared, present, and aligned in all interactions.

### **Inspiring Collaboration**

Through his interviews, workshops, and writing, Mitchell fosters environments where collaboration thrives. His "CredDust" philosophy—highlighting the strengths and contributions of others—encourages mutual respect and support. By fostering these values, Mitchell helps build networks of trust and innovation, enabling collective progress in both personal and professional realms.

### **Spiritual Insights**

Mitchell's reflections on trust and authenticity highlight the interconnected nature of credibility and spirituality. He believes in the power of vulnerability and coachability as essential components of trust. By embracing these traits, individuals can transcend fear and connect deeply with themselves and others. His perspective integrates modern science, such as quantum fields, with timeless principles of integrity and alignment.

### **Engaging Topics for the Future**

Mitchell envisions a future where credibility becomes the foundation for meaningful interactions. He advocates for systemic change in how people are taught to navigate relationships and professional

environments, emphasizing humanity, trust, and authenticity. His vision aligns with creating a new normal where people feel empowered to show up as their true selves.

### **Authentic Human Connection**

Mitchell's philosophy emphasizes the importance of showing up authentically in every interaction. He believes that being true to oneself creates a resonance that attracts meaningful connections. His work inspires individuals to let go of self-imposed barriers, embrace openness, and co-create environments where trust and mutual respect flourish.

### **Conclusion**

Mitchell Levy's journey reveals the transformative power of credibility in creating a more authentic, connected world. His teachings offer practical tools for articulating purpose, fostering collaboration, and living with integrity. By embracing these principles, readers are invited to redefine their interactions and step into a more purposeful and fulfilling way of being.



# Octavia Brooks

<https://youtu.be/n2x2AU8q2ZY>

## *Bridging Spirituality and Strategy for Entrepreneurs*

### **Transformational Journeys**

Octavia Brooks, an intuitive relationship strategist for entrepreneurs, shared her profound journey of spiritual discovery and professional expertise in Episode 14 of *One World in a New World*. With a unique combination of a humanities degree from UC Berkeley, certifications in project management and neuroscience-based leadership, and over 20 years as a pagan priestess, Octavia embodies the integration of practical skills and spiritual wisdom. Her life story highlights a balance between honoring mystical experiences and applying them to help entrepreneurs align their strategies with their higher purpose.

### **Exploring Consciousness**

Octavia's spiritual awakening began with exposure to her mother's fascination with nature and the metaphysical. Though skeptical in her youth, Octavia eventually embraced her intuitive abilities and became a pagan priestess, channeling transformative energies and engaging with nature spirits. She shared how working with elementals—such as air for mental clarity—enhanced her understanding of quantum entanglement and the interconnectedness of all things. Her experiences illustrate how aligning with higher consciousness fosters personal growth and creativity.

### **Pioneering Change**

As a strategist and spiritual mentor, Octavia empowers entrepreneurs to embrace holistic decision-making processes. She introduces innovative techniques such as vibrational attunement and sensory-based decision-making, helping her clients clarify their paths

and achieve alignment with their business goals. Her approach blends neuroscience, project management, and intuitive guidance, bridging the gap between left-brain logic and right-brain creativity.

### **Practical Wisdom**

Octavia emphasizes the importance of cultivating clear yes-or-no signals through techniques like muscle testing or self-inquiry. Her teachings also include grounding exercises and visualizations to connect with universal and earthly energies. By attuning to these energies, entrepreneurs can make confident decisions and stay focused on their chosen paths, minimizing distractions and maximizing impact. Her mantra: “Stay vibrationally attuned to the path you’ve chosen,” reflects her belief in intentionality as a driver of success.

### **Inspiring Collaboration**

Through her workshops and one-on-one coaching, Octavia fosters environments where entrepreneurs feel supported and inspired to align with their true selves. She highlights the importance of co-creating with others and engaging in generative dialogue to overcome bottlenecks and unlock collective potential. Her work demonstrates how empathy, trust, and compassion can transform workplace dynamics and foster innovative collaboration.

### **Spiritual Insights**

Octavia’s deep understanding of energy dynamics enables her to guide clients in navigating personal and professional challenges. She introduces the concept of the “wego”—a balanced leadership style that values both individual and collective success. By integrating the masculine and feminine energies within, individuals can achieve harmony and unlock their full potential as leaders and collaborators.

### **Engaging Topics for the Future**

Octavia envisions a future where business and spirituality are



seamlessly integrated, allowing individuals and organizations to thrive in alignment with universal principles. She encourages entrepreneurs to explore new ways of connecting with their higher selves, embrace agile thinking, and contribute to regenerative communities that prioritize people and the planet over profit.

### **Authentic Human Connection**

At the heart of Octavia's philosophy is her commitment to authenticity and connection. She believes that recognizing the divine in oneself and others fosters deeper relationships and greater trust. Her ability to hold space for others' growth creates a nurturing environment where individuals feel empowered to embrace their uniqueness and step into their roles as co-creators of a harmonious world.

### **Conclusion**

Octavia Brooks's story is a powerful testament to the synergy between spirituality and strategy. Her teachings inspire readers to embrace their intuitive abilities, align with their higher purpose, and build businesses that reflect their authentic selves. Through her wisdom and compassion, Octavia offers a roadmap for creating meaningful, impactful lives and thriving in a connected world.



# Dr. Eric Zabiegalski

<https://youtu.be/bl-ce4pt9OY>

## *Navigating the Paradoxes of Leadership and Consciousness*

### **Transformational Journeys**

Dr. Eric Zabiegalski, author, strategist, and senior consultant at Avian, shared his transformative insights on leadership and human dynamics in Episode 15 of *One World in a New World*. With a PhD in Executive Leadership and Organizational Learning from George Washington University and a 20-year military career in the Air Force, Eric's journey has been one of balancing technical expertise with personal and organizational exploration. His book, *The Rise of the Ambidextrous Organization*, serves as a guide for navigating the dualities of exploitation and exploration in leadership.

### **Exploring Consciousness**

Eric's perspective on consciousness is shaped by his understanding of self-awareness and balance. Drawing from his military and academic experiences, he likened life to surfing the perfect wave, where mindfulness and the ability to navigate dynamic contexts are key. His reflections on the interplay of right- and left-brain thinking reveal how personal authenticity often clashes with organizational conformity. By embracing both analytical and intuitive modes of thinking, he highlights the importance of finding equilibrium in a world dominated by extremes.

### **Pioneering Change**

Eric introduced the concept of organizational ambidexterity, which involves balancing exploitation—leveraging existing strengths—and exploration—seeking new opportunities. He emphasized that while exploitation drives short-term results, it often stifles innovation. His work advocates for creating cultures that value divergent thinking,

cognitive diversity, and inclusive collaboration. Eric's approach invites leaders to move beyond binary paradigms, fostering environments where ambiguity and creativity thrive.

### **Practical Wisdom**

Eric's practical advice revolves around managing ambiguity and suspending judgment until decisions are necessary. He encourages leaders to "keep the aperture open" for new ideas and possibilities. By slowing down and focusing on the quality of questions rather than rushing to answers, individuals and organizations can unlock transformative insights. His metaphor of treating the brain as a faithful dog—requiring care, discipline, and occasional freedom—underscores his belief in the power of intentional thinking.

### **Inspiring Collaboration**

As a certified coach with the World Institute for Action Learning, Eric highlights the power of questions in fostering collaboration and mutual understanding. He describes how questions disarm, include, and build trust, creating fertile ground for innovation. His advocacy for psychological safety in organizations reflects his commitment to building cultures where individuals feel empowered to contribute authentically.

### **Spiritual Insights**

Eric's reflections on consciousness extend to spiritual dimensions, emphasizing the interconnectedness of all things. He describes the concept of the "one mind," a universal consciousness that aligns individual and collective energies. By integrating the physical, emotional, and cognitive aspects of human experience, Eric's work bridges the gap between scientific inquiry and spiritual understanding, offering a holistic approach to leadership and life.

### **Engaging Topics for the Future**

Eric envisions a future where leaders embrace ambiguity, prioritize

diversity, and leverage the interplay of masculine and feminine energies for holistic growth. He sees potential in balancing independence with interdependence, fostering communities that value inclusion, collaboration, and sustainable progress. His insights on leveraging both stability and innovation provide a roadmap for navigating the complexities of the modern world.

### **Authentic Human Connection**

At the heart of Eric's philosophy is his belief in authentic human connection. By encouraging open dialogue, empathetic listening, and mutual respect, he creates spaces where diverse perspectives can converge. His work inspires individuals to move beyond fear and self-centeredness, building bridges across differences to achieve shared goals.

### **Conclusion**

Dr. Eric Zabiegalski's journey demonstrates the transformative power of balance, curiosity, and intentionality. His teachings inspire readers to embrace ambiguity, align with their purpose, and co-create systems that reflect their highest potential. Through his insights, Eric offers a vision for navigating the paradoxes of leadership and consciousness, paving the way for a more harmonious and innovative future.



# Seth Eliot Santoro

<https://youtu.be/nodP3fZWDsQ>

## *Smiling Through Transformation*

### **Transformational Journeys**

Seth Eliot Santoro, intuitive advisor, smileologist, and international best-selling author, shared his transformative insights in Episode 16 of *One World in a New World*. As an intuitive coach to CEOs, celebrities, and entrepreneurs, Seth's unique perspective on healing and transformation blends his personal journey with his professional expertise. With books like *From Grief to Grace* and *Smile from the Inside*, Seth provides tools and methods to navigate challenges and uncover joy.

### **Exploring Consciousness**

Seth's path to consciousness began with profound personal experiences, including a breakup that catalyzed his healing journey. Through these challenges, he developed the SMILE framework—Shock, Mock Acceptance, In Overwhelm, Learning, and Embrace—as a method for processing life's difficulties. He emphasizes the importance of self-awareness and intuition in navigating emotional pain and aligning with higher purpose. Seth's work invites individuals to engage with their inner selves, exploring both vulnerability and strength.

### **Pioneering Change**

As a smileologist, Seth introduces innovative approaches to personal and professional transformation. His workshops and coaching sessions focus on empowering clients to connect with their intuition and trust their gut instincts. He integrates techniques like breathwork, reframing narratives, and creating affirmations that

support growth and healing. Seth's methods reflect his commitment to helping others find joy and resilience in the face of adversity.

### **Practical Wisdom**

Seth's SMILE framework offers a practical roadmap for healing and self-discovery. By breaking down complex emotional processes into manageable steps, he helps individuals understand and navigate their emotions. His advice: "Stay vibrationally attuned to the path you've chosen." Seth encourages practices like intentional breathing, reflective journaling, and affirmations to build self-trust and release limiting beliefs.

### **Inspiring Collaboration**

Seth's intuitive coaching style fosters trust and openness, allowing clients to explore their challenges and discover solutions collaboratively. He believes in meeting people where they are, creating a safe space for growth and self-expression. His ability to connect authentically with clients builds a foundation for meaningful transformation and mutual respect.

### **Spiritual Insights**

Seth's spiritual philosophy emphasizes the interconnectedness of all life. He views intuition as a gateway to cosmic consciousness, a place where individuals can access universal wisdom. His work often includes guiding clients to embrace their spiritual gifts and explore their capacity for empathy, connection, and healing.

### **Engaging Topics for the Future**

Seth envisions a future where individuals embrace their intuitive potential and prioritize emotional health alongside professional success. He advocates for integrating spiritual practices into daily routines to create balance and alignment. By fostering conversations about resilience, authenticity, and joy, Seth inspires a new paradigm of leadership and personal growth.



### **Authentic Human Connection**

Seth's emphasis on authentic connection is central to his work. He encourages individuals to engage in playful exploration of their intuition, using creativity and empathy to build relationships. His smile-centered philosophy reflects his belief that joy and connection are foundational to a fulfilling life.

### **Conclusion**

Seth Eliot Santoro's journey demonstrates the power of resilience, intuition, and joy in creating a life of purpose. Through his SMILE framework and transformative coaching methods, he offers readers a roadmap to healing and self-discovery. His work inspires us to embrace our inner strength, trust our intuition, and navigate life's challenges with grace and positivity.



# Robert Butwin

<https://youtu.be/IBQrl5keTWI>

## *Networking as a Path to Transformation and Impact*

### **Transformational Journeys**

Robert Butwin, a success strategist and networking mentor, shared his inspiring journey of personal growth and professional achievement in Episode 17 of *One World in a New World*. Growing up in a family business, Robert initially anticipated a conventional path but soon experienced awakenings that altered his trajectory. Influenced by personal frustration and the teachings of Wayne Dyer, Robert embraced the philosophy of taking responsibility for his life, sparking a lifelong journey of self-improvement and transformational networking.

### **Exploring Consciousness**

Robert's journey into self-awareness began with a recognition of the power of personal accountability. His exposure to Dyer's *No-Limit Person* reshaped his understanding of responsibility, self-talk, and intentionality. By focusing on "what is," he learned to overcome denial and embrace the lessons in every experience. Robert's commitment to mindfulness and self-observation fostered a deeper awareness of his thoughts and behaviors, which he refined through meditation and reflective practices.

### **Pioneering Change**

Robert's work redefines networking as a relational rather than transactional endeavor. He emphasizes authenticity, long-term connections, and creating mutual value over short-term gains. As a contributing writer, speaker, and mentor, he integrates personal development principles into professional networking strategies. His bestselling book, *Street Smart Networking*, encapsulates his

philosophy of building meaningful relationships to drive success and impact.

### **Practical Wisdom**

Robert advocates for daily practices like meditation, exercise, and genuine connection to stay grounded and focused. He also underscores the importance of observing patterns in thoughts and behaviors, learning from experiences, and maintaining a mindset of gratitude. His mantra: “Be grateful for where you are as you move toward where you deserve to be,” encapsulates his balanced approach to ambition and contentment.

### **Inspiring Collaboration**

As a professional networker, Robert has developed strategies for fostering high-quality relationships across industries and geographies. His approach includes leveraging platforms like Zoom and Clubhouse to connect with like-minded individuals, transcending borders and creating collaborative opportunities. He emphasizes the value of mutual respect, empathy, and shared purpose in building networks that drive positive change.

### **Spiritual Insights**

Robert’s reflections on spirituality highlight the interconnectedness of humanity. He believes in leading by example, showing compassion, and embracing the universality of human experiences. His emphasis on living with intention and focusing on the greater good aligns with his vision of creating a more unified and harmonious world.

### **Engaging Topics for the Future**

Robert envisions a future where authenticity and collaboration take center stage in networking and professional interactions. He sees technological advancements like virtual networking platforms accelerating the creation of meaningful connections. His work encourages individuals to focus on being of service, building trust,

and fostering environments where mutual growth and support flourish.

### **Authentic Human Connection**

Robert's philosophy centers on the quality of relationships over quantity. He believes that breaking through the noise with authenticity and value builds trust and deepens connections. By prioritizing service and empathy, Robert inspires individuals to transform their interactions into meaningful relationships that create lasting impact.

### **Conclusion**

Robert Butwin's journey illustrates the transformative power of self-awareness, intentionality, and authentic networking. His teachings inspire readers to embrace responsibility, cultivate gratitude, and build meaningful connections. Through his insights and strategies, Robert offers a roadmap for achieving both personal fulfillment and professional success in a connected and compassionate world.



# Lynn K. Russell

<https://youtu.be/-MUu8JxNfz8>

## *Exploring the Wonder of Near-Death Experiences*

### **Transformational Journeys**

Lynn K. Russell, author, international keynote speaker, and expert on near-death experiences (NDEs), shared her profound insights in Episode 18 of *One World in a New World*. With a background as a family counselor for 28 years and her involvement with the Alberta Children's Hospital, Lynn has dedicated her life to understanding the depths of human experience. Her book, *The Wonder of You: What the Near-Death Experience Tells You About Yourself*, emerged after researching over 2,500 NDEs, offering a window into the spiritual and transformative lessons these experiences provide.

### **Exploring Consciousness**

Lynn's fascination with NDEs began early, driven by a fear of death that stemmed from her atheist upbringing. Her exposure to Dr. Raymond Moody's pioneering work on NDEs in 1975 catalyzed her quest to understand life beyond the physical realm. Over time, her research and personal experiences revealed deeper spiritual truths, emphasizing the interconnectedness of all life. Her reflections underscore how NDEs offer profound insights into the nature of consciousness and the oneness that permeates existence.

### **Pioneering Change**

Through her work, Lynn has advanced the understanding of NDEs by highlighting their universal themes. She describes the consistent message of oneness as the most profound revelation from her research. Her efforts bridge the gap between science and spirituality, creating a platform for meaningful discussions about the essence of

life and the transformative power of these extraordinary experiences.

### **Practical Wisdom**

Lynn emphasizes the importance of self-love and positive self-perception as foundational to a fulfilling life. She encourages individuals to reflect on their kindness, honesty, and capacity for love, challenging them to see their true magnificence. Her advice: “If you are caring and kind, you are already magnificent—stop lying to yourself about being less than that.” This message resonates deeply with those seeking to align with their highest potential.

### **Inspiring Collaboration**

As a workshop facilitator and public speaker, Lynn fosters environments where people feel safe to share their stories and explore their spiritual journeys. Her compassionate approach invites collaboration and mutual support, helping individuals find resonance with the universal themes of love, kindness, and interconnectedness.

### **Spiritual Insights**

Lynn’s research reveals that NDEs often lead to profound spiritual awakenings. She recounts themes of unity with the universe, the experience of being part of a larger light, and the realization that love is the greatest power in existence. Her work highlights how NDEs challenge conventional beliefs and invite individuals to embrace a more expansive understanding of life.

### **Engaging Topics for the Future**

Lynn envisions a world where individuals embrace the lessons of NDEs to foster harmony, compassion, and sustainability. She believes that recognizing our interconnectedness and role as creators of our realities can lead to profound societal transformation. Her work serves as a guide for integrating spiritual insights into everyday life.



### **Authentic Human Connection**

Lynn's philosophy emphasizes the importance of authentic connection and self-awareness. She encourages individuals to see themselves as part of a larger whole, embracing their divine nature and extending kindness to others. Her ability to share these insights through storytelling and research creates a ripple effect, inspiring others to explore their own spiritual paths.

### **Conclusion**

Lynn K. Russell's journey into the world of NDEs offers transformative insights into the nature of life, death, and the interconnectedness of all beings. Her teachings inspire readers to embrace their magnificence, nurture self-love, and explore the profound lessons these experiences provide. Through her work, Lynn invites us to see beyond the physical and discover the wonder within.



# Donna Nelham

<https://youtu.be/442hCXEAMlg>

*Designing the Future with Collaboration and Connection*

## **Transformational Journeys**

Donna Nelham, Chief Strategy Officer of Fractal Workspace and co-founder of Institution, shared her inspiring journey of self-discovery and organizational innovation in Episode 19 of *One World in a New World*. Her path has been shaped by her work in systems design, organizational effectiveness, and team development. Donna's commitment to fostering collaboration and creating meaningful connections has driven her to explore new ways of thinking and working that bridge the gap between individual aspirations and collective purpose.

## **Exploring Consciousness**

Donna's journey of self-awareness began in her teens with a desire to understand herself and the world around her. Influenced by her studies in psychology and organizational behavior, she discovered the importance of self-expression and the paradox of being unique yet interconnected. She embraced the realization that we are part of something much larger, and this understanding guided her work in organizational design and strategy. Her reflections on paradoxes and systemic thinking have enabled her to bridge individual and collective perspectives effectively.

## **Pioneering Change**

As co-founder of Institution, Donna works in the "space between," creating connections across disciplines, sectors, and geographies. Institution focuses on fostering collaboration between business, government, and civil society to address complex challenges in areas such as education, economic models, and sustainability. Donna's

innovative approach emphasizes bringing people together to co-create solutions that align with shared values while addressing local and global issues.

### **Practical Wisdom**

Donna highlights the importance of deep listening and self-reflection in navigating personal and professional challenges. She encourages individuals to pause and ask meaningful questions about their values, aspirations, and areas of imbalance. Her mantra: “Create the conditions for growth in your life and others’ lives,” serves as a reminder of the transformative power of creating space for new possibilities to emerge.

### **Inspiring Collaboration**

Through her work with Institution and Fractal Workspace, Donna fosters environments where diverse perspectives can converge to generate innovative ideas. Her belief in the power of “messy humanness” emphasizes embracing imperfection, recognizing shared challenges, and working together toward common goals. By integrating systemic thinking with practical applications, she helps groups navigate the complexity of today’s world.

### **Spiritual Insights**

Donna’s reflections on the interconnectedness of humanity emphasize the importance of embracing ambiguity and living in the “liminal space” between the old and the new. She describes this as a “pregnant pause” where creativity and innovation can flourish. Her work aligns with regenerative principles, recognizing humanity’s place within the natural world and the potential for harmony when we listen to and learn from each other.

### **Engaging Topics for the Future**

Donna envisions a future where collaboration and connection are at the heart of problem-solving. By bridging silos and fostering

interdisciplinary cooperation, she believes we can co-create solutions that are sustainable and life-enhancing. Her work emphasizes the importance of letting go of competition and embracing a more inclusive and holistic approach to societal challenges.

### **Authentic Human Connection**

Donna's philosophy centers on fostering authentic relationships and creating spaces for meaningful dialogue. She believes that by embracing our shared humanity and acknowledging our individual and collective strengths, we can build stronger, more resilient communities. Her emphasis on trust, empathy, and shared purpose inspires others to move beyond fear and competition toward collaboration and growth.

### **Conclusion**

Donna Nelham's journey demonstrates the transformative power of collaboration, reflection, and connection. Her work with Institution and Fractal Workspace inspires readers to embrace ambiguity, align with their values, and co-create solutions that benefit individuals, organizations, and the planet. Through her insights and innovative approach, Donna offers a vision for navigating the complexities of modern life with grace and intention.



# Dr. Pauline Crawford

<https://youtu.be/mYa4tzVEAI8>

## *Creating Magical Conversations for Unified Leadership*

### **Transformational Journeys**

Dr. Pauline Crawford, Chief Vision Officer of Corporate Heart International and global ambassador for gender dynamics and magical conversations, shared her inspiring journey in Episode 20 of *One World in a New World*. With a passion for facilitating meaningful dialogues, Dr. Crawford's career has centered around creating environments that foster collaboration, synergy, and mindful leadership. Her pioneering approach integrates concepts of mind flow, gender dynamics, and regenerative leadership, enabling individuals and organizations to harmonize their differences and unlock collective potential.

### **Exploring Consciousness**

Dr. Crawford's exploration of consciousness began with her fascination with communication and connection as a child. She noticed how energy flowed in conversations and how certain dynamics could either unite or polarize participants. This early awareness evolved into her concept of "magical conversations," spaces where judgment, anger, and coercion are absent, allowing authentic dialogue to flourish. Her reflections emphasize the transformative potential of mindful interactions in creating mutual understanding and synergy.

### **Pioneering Change**

As a leader in gender dynamics and cultural synergy, Dr. Crawford has developed frameworks like "gender dynamics intelligence" to bridge divides between individuals and groups. Her work includes fostering collaboration across sectors, addressing systemic divides,

and creating regenerative cultures that balance masculine and feminine energies. Her innovative “mind flow” philosophy challenges traditional mindsets, encouraging leaders to embrace ambiguity and align their values with their actions.

### **Practical Wisdom**

Dr. Crawford’s advice for creating harmonious interactions centers on three core principles: no judgment, no anger, and no coercion. She encourages participants in her workshops and circles to express themselves authentically while remaining open to others’ perspectives. Her mantra: “Create the conditions for growth in your life and others’ lives,” highlights the importance of fostering environments where collaboration and creativity can thrive.

### **Inspiring Collaboration**

Through her initiatives like the Magical Conversation Wisdom Circle, Dr. Crawford demonstrates how inclusive dialogue can bridge divides and build shared narratives. She believes that effective collaboration stems from active listening, empathy, and a willingness to explore differences. Her work empowers individuals and organizations to co-create solutions that honor diverse perspectives while striving for common goals.

### **Spiritual Insights**

Dr. Crawford’s reflections on leadership and consciousness emphasize the interconnectedness of humanity. She integrates spiritual principles such as respect, compassion, and authenticity into her work, creating spaces where individuals feel valued and understood. Her concept of the “third space” represents the neutral ground where collective wisdom emerges, transcending individual egos and biases.

### **Engaging Topics for the Future**

Dr. Crawford envisions a future where education, business, and



society embrace regenerative practices that align with natural rhythms and human potential. She advocates for integrating creativity, intuition, and emotional intelligence into traditional systems, enabling individuals to contribute more authentically and effectively to collective progress.

### **Authentic Human Connection**

At the core of Dr. Crawford's philosophy is the belief that authentic connection is the foundation for meaningful change. Her focus on listening, empathy, and shared purpose inspires individuals to move beyond differences and collaborate for a brighter future. By fostering spaces of trust and openness, she demonstrates how we can create harmony in our relationships and communities.

### **Conclusion**

Dr. Pauline Crawford's journey illustrates the transformative power of conversations rooted in respect, curiosity, and authenticity. Her teachings inspire readers to embrace their differences, align with their inner values, and create spaces where collaboration and creativity can thrive. Through her insights, Dr. Crawford offers a vision for building a unified, compassionate, and regenerative future.



# Kosta Makreas

<https://youtu.be/3E9dLmLsNuw>

*Bridging Dimensions: Connecting Humanity with Star People*

## **Transformational Journeys**

Kosta Makreas, founder of ETLet'sTalk and the People's Disclosure Movement, shared his lifelong journey of curiosity, exploration, and spiritual growth in Episode 21 of *One World in a New World*. From his early fascination with science fiction and astronomy to his pioneering work in citizen-led contact with star civilizations, Kosta's story reflects a passion for connection and unity across dimensions. His initiatives, including the Global CE5 Initiative and the People's Love Alliance, aim to unite humanity through collective action and shared purpose.

## **Exploring Consciousness**

Kosta's journey into consciousness began in childhood with a deep fascination for the stars. As an 11-year-old, he purchased a telescope and spent hours gazing at the night sky, pondering the mysteries of the universe. This wonder transformed into conviction after reading books on UFO phenomena. Over time, his understanding evolved from a scientific curiosity to a profound spiritual awareness, embracing the interconnectedness of humanity and star civilizations. He describes consciousness as the ultimate entanglement, connecting all beings through a universal oneness.

## **Pioneering Change**

As a leader in citizen-led contact with extraterrestrial civilizations, Kosta has created platforms that empower individuals to engage directly with star people. Through the Global CE5 Initiative, participants use meditation and intention to establish communication with advanced civilizations. His People's Disclosure

Movement unites over a million people across more than 100 countries, bypassing traditional government secrecy and fostering a grassroots disclosure movement. By emphasizing collective action and free will, Kosta's work shifts the power of disclosure into the hands of the people.

### **Practical Wisdom**

Kosta advocates for practices that open the heart and mind to higher frequencies of consciousness. He encourages deep meditation, group intention, and the cultivation of love and gratitude as tools for contact. His advice: "Open your mind, and you will find hands reaching out from both inner dimensions and outer space." Kosta emphasizes the importance of approaching contact with humility, respect, and an openness to learning.

### **Inspiring Collaboration**

Through his initiatives, Kosta has fostered a global community dedicated to harmony, collaboration, and mutual respect. The People's Love Alliance, a network of over a billion individuals, highlights acts of compassion and kindness, promoting unity and understanding. His work connects diverse groups, emphasizing that creating peace on Earth is intrinsically linked to building relationships with star civilizations.

### **Spiritual Insights**

Kosta's reflections on spirituality emphasize the importance of love as the fundamental energy of the universe. He describes humanity's potential as infinite, with each individual carrying a divine spark. By aligning with this universal love, Kosta believes we can transcend fear, prejudice, and division, creating a more harmonious world. He describes star civilizations as elder siblings and mentors, offering guidance without interference, to help humanity realize its potential.

### **Engaging Topics for the Future**

Kosta envisions a future where humanity embraces its role as cosmic citizens. He believes that integrating spiritual awareness with practical action can lead to the co-creation of a peaceful and thriving planet. His initiatives aim to prepare humanity for this transition, emphasizing the need for mutual understanding, environmental stewardship, and collaboration with advanced civilizations.

### **Authentic Human Connection**

At the heart of Kosta's philosophy is the belief that authentic connection is key to transformation. He encourages individuals to embrace their shared humanity and cultivate trust and empathy in all relationships. His initiatives create safe spaces for individuals to share their experiences, build communities, and explore their spiritual and cosmic potential.

### **Conclusion**

Kosta Makreas's journey demonstrates the transformative power of unity, curiosity, and love in bridging dimensions and fostering connections. Through his pioneering work in citizen-led disclosure, he invites readers to embrace their role as co-creators of a harmonious future, both on Earth and in the cosmos. His story inspires us to look to the stars with wonder, courage, and an open heart.



# Dr. Dennis Reina

<https://youtu.be/FHn4EaRhc4o>

## *Building Trust as the Foundation of Leadership*

### **Transformational Journeys**

Dr. Dennis Reina, co-founder of the Reina Trust Building Institute, shared his profound insights on trust, leadership, and resilience in Episode 22 of *One World in a New World*. His journey began with a pivotal experience in Yosemite National Park, where his early career as a mountaineering instructor taught him the critical importance of trust in life-and-death situations. This foundation eventually led him to a groundbreaking career in trust research, consulting, and writing, alongside his wife and co-author, Michelle Reina. Together, they've transformed organizational cultures worldwide, emphasizing trust as the cornerstone of meaningful relationships and effective leadership.

### **Exploring Consciousness**

Dennis's journey into consciousness and trust began with deeply personal experiences, including a near-death accident that taught him to trust himself and surrender completely. His reflections reveal how profound challenges, such as surviving cancer and recovering from significant injuries, led him to embrace life as a series of lessons designed for growth. His practice of integrating body, mind, and spirit informed his holistic approach to healing and trust-building.

### **Pioneering Change**

Dennis's work has revolutionized the understanding and application of trust in organizations. Alongside Michelle, he developed a comprehensive framework that includes the "Three Dimensions of Trust"—Trust of Character, Trust of Communication, and Trust of Capability. Their research highlighted how minor breaches of trust, often unintentional, accumulate over time and undermine

relationships. Through their books, such as *Trust and Betrayal in the Workplace*, the Reinas provide practical tools for building, maintaining, and rebuilding trust, enabling organizations to thrive.

### **Practical Wisdom**

Dennis emphasizes that trust is not purely cognitive; it is deeply felt and experienced. He advises leaders to align their actions with their values, communicate openly, and admit mistakes as a way to build respect and authenticity. His mantra: “Trust begins with self-trust,” underscores the importance of cultivating self-awareness and integrity as a foundation for trusting others.

### **Inspiring Collaboration**

Through their consulting work and trust-building programs, the Reinas foster environments where collaboration and innovation flourish. Dennis’s emphasis on creating a shared language for discussing trust-related issues enables teams to navigate conflicts, align goals, and build stronger connections. His belief in vulnerability as a leadership strength inspires individuals to embrace openness and humility.

### **Spiritual Insights**

Dennis integrates spiritual perspectives into his work, recognizing trust as an energetic connection that transcends individual relationships. He describes trust as a feeling that resonates in the gut and heart, aligning with ancient philosophies of the three-brain system. His experiences illustrate how trust creates harmony within and between individuals, fostering a sense of safety and belonging.

### **Engaging Topics for the Future**

Dennis envisions a future where trust becomes central to leadership and organizational success. He sees opportunities for rebuilding trust in a post-pandemic world by emphasizing compassion, understanding, and inclusivity. His work invites leaders to prioritize



care for their teams, embrace ambiguity with confidence, and model the behaviors they wish to see in others.

### **Authentic Human Connection**

At the heart of Dennis's philosophy is the belief that trust is built through genuine human connection. He encourages leaders to slow down, listen deeply, and engage in meaningful conversations. His framework and practices provide a roadmap for fostering relationships that are resilient, empathetic, and impactful.

### **Conclusion**

Dr. Dennis Reina's journey demonstrates the transformative power of trust in personal and professional contexts. His teachings inspire readers to embrace vulnerability, lead with integrity, and create environments where trust and collaboration can thrive. Through his wisdom and practical frameworks, Dennis offers a vision for a more connected and compassionate world.



# Tom Paladino

<https://youtu.be/tCRiod9bS9Y>

## *Illuminating Human Potential with Scalar Energy*

### **Transformational Journeys**

Tom Paladino, a scalar energy researcher and founder of Scalar Light, shared his remarkable journey into the world of quantum energy in Episode 23 of *One World in a New World*. Inspired by the pioneering work of Nikola Tesla and other visionaries, Tom has dedicated over 25 years to exploring and applying scalar energy as a means to improve the human condition. His work reflects a deep commitment to advancing human potential through the harnessing of non-physical energy fields that transcend time and space.

### **Exploring Consciousness**

Tom's exploration of scalar energy began with mystical experiences in his youth, where he discovered an innate affinity for understanding the unseen forces of the universe. He describes scalar energy as the consciousness of the cosmos, often referred to as the "mind of God." By delving into this realm, Tom found a bridge between science and spirituality, emphasizing how thought and emotion are scalar energy emanations that shape our reality.

### **Pioneering Change**

Through his company, Scalar Light, Tom has developed technologies that harness scalar energy for healing and personal transformation. His approach moves beyond the constraints of traditional electromagnetic energy, focusing on scalar energy's potential to affect the quantum field directly. By educating the public and promoting awareness, Tom aims to empower individuals to explore the profound possibilities of scalar energy in health, well-being, and personal evolution.

## **Practical Wisdom**

Tom emphasizes the simplicity and accessibility of scalar energy. He advises individuals to cultivate positive thoughts and emotions as a means to project scalar energy into their environment. His mantra: “What you think is what you project,” highlights the transformative power of intentionality. Through prayer, meditation, and setting daily goals, Tom inspires others to harness this energy to create a harmonious and fulfilling life.

## **Inspiring Collaboration**

Through workshops, research, and public outreach, Tom fosters an environment of curiosity and collaboration. His work connects individuals and communities eager to explore quantum energy’s potential to enhance collective well-being. By offering practical tools and frameworks, he empowers others to integrate scalar energy principles into their lives and work.

## **Spiritual Insights**

Tom’s reflections on scalar energy align closely with spiritual concepts of unity and interconnectedness. He describes scalar energy as a unifying principle that transcends physical and cultural boundaries, linking all living beings through a shared consciousness. His work invites individuals to recognize their inherent co-creative power and embrace their role in shaping a harmonious world.

## **Engaging Topics for the Future**

Tom envisions a future where scalar energy becomes a widely recognized and utilized force for healing and transformation. He sees its potential to address global challenges in health, energy, and sustainability. By integrating scalar energy technologies into daily life, Tom believes humanity can evolve into a more conscious and connected species.

### **Authentic Human Connection**

At the heart of Tom's philosophy is the belief that scalar energy can enhance authentic human connection by fostering a sense of unity and shared purpose. He encourages individuals to lead by example, radiating positivity and compassion to inspire others. His work underscores the importance of understanding and embracing our collective potential as co-creators of reality.

### **Conclusion**

Tom Paladino's journey into the world of scalar energy illuminates the transformative power of quantum consciousness. His teachings inspire readers to explore the profound relationship between thought, energy, and reality. Through his work, Tom offers a vision for a future where humanity fully embraces its potential, creating a world of harmony, innovation, and infinite possibility.



# Dr. Melissa Hughes

<https://youtu.be/1BjcQ3EUN4E>

## *The Neuroscience of Connection and Creativity*

### **Transformational Journeys**

Dr. Melissa Hughes, a neuroscience expert, educator, and author, shared her passion for understanding the brain's intricacies in Episode 24 of *One World in a New World*. As a former educator and lifelong learner, Melissa's journey began with a simple yet profound question: "How can I be the best teacher if I don't understand how the brain learns?" Her quest for answers led her to a deeper exploration of how the brain works, quirks, and impacts creativity, learning, and connection.

### **Exploring Consciousness**

Melissa's fascination with neuroscience emerged from her experience as a teacher, where she recognized the impact of emotions and stress on learning. She highlighted the interplay of stress hormones like cortisol and "happy chemicals" like dopamine, serotonin, and oxytocin, which influence cognitive functions. Melissa's insights into emotional contagion—the ripple effect of our emotions on others—illustrate the profound interconnectedness of human experience. Her reflections emphasize the importance of fostering environments that counter stress with positivity and encourage meaningful interactions.

### **Pioneering Change**

Melissa's work integrates neuroscience with practical applications for education, organizational development, and personal growth. She emphasizes the critical role of psychological safety in promoting creativity, collaboration, and innovation. Her contributions to understanding how the brain thrives in supportive environments

have reshaped approaches to learning and leadership. Through her workshops, speaking engagements, and writings, she advocates for prioritizing empathy, curiosity, and intellectual humility in all interactions.

### **Practical Wisdom**

Melissa offers three practical strategies for fostering better connections and mental well-being:

1. **Emotional Contagion Awareness:** Recognize that your external expressions impact others' internal chemistry. A simple smile or kind gesture can significantly boost someone's mood.
2. **Diaphragmatic Breathing:** Use intentional, deep breathing to engage the parasympathetic nervous system, reduce stress, and restore calm.
3. **Gratitude Practices:** Expressing gratitude—through thank-you notes or verbal acknowledgments—reinforces positive connections and enhances mental well-being for both the giver and recipient.

Her mantra: “Pay attention to what you pay attention to,” encourages mindfulness in daily life, fostering awareness of where we focus our energy and emotions.

### **Inspiring Collaboration**

Melissa's work emphasizes the importance of creating spaces for generative conversations and empathetic exchanges. Her studies on emotional intelligence and intellectual humility demonstrate how seeking perspectives that challenge our own beliefs fosters deeper understanding and collaboration. By integrating neuroscience with leadership principles, Melissa inspires individuals and teams to move beyond biases and build trust.



## **Spiritual Insights**

Melissa views the brain as a bridge between science and spirituality, emphasizing the harmony between the physical and metaphysical. She describes how awe and wonder connect us to something greater, allowing us to transcend our limitations. Her reflections on gratitude, intentionality, and mindfulness highlight the importance of aligning our thoughts and actions with our deeper purpose.

## **Engaging Topics for the Future**

Melissa envisions a future where education and leadership prioritize the integration of neuroscience, empathy, and collaboration. She advocates for leveraging technology to connect people and foster inclusive, innovative environments. Her work highlights the potential for understanding the brain's capacity to create transformative change in personal, professional, and societal contexts.

## **Authentic Human Connection**

At the heart of Melissa's philosophy is the belief that meaningful connection begins with self-awareness. By understanding our own emotions and responses, we can better empathize with others and build authentic relationships. Her approach to teaching, coaching, and leadership exemplifies the power of intentionality and mindfulness in creating positive, lasting impacts.

## **Conclusion**

Dr. Melissa Hughes's journey into the neuroscience of connection and creativity inspires readers to embrace curiosity, empathy, and gratitude. Her teachings offer practical tools for enhancing relationships, fostering innovation, and living with purpose. Through her insights, Melissa invites us to explore the profound potential of the human brain and its capacity to shape a better world.

# Dr. Pat Boulogne

[https://youtu.be/wK4\\_sDQJh-U](https://youtu.be/wK4_sDQJh-U)

## *Integrating Health and Mindset for a Vibrant Life*

### **Transformational Journeys**

Dr. Pat Boulogne, a certified functional medicine practitioner, chiropractor, and best-selling author of *Why Are You Sick, Fat, and Tired?*, shared her transformative journey in Episode 25 of *One World in a New World*. With a deep commitment to health and well-being, Dr. Pat blends her expertise in oriental medicine, chiropractic care, and functional medicine to help individuals achieve balance and vitality. Her path began with a fascination for healthy living in childhood, and her professional experiences reinforced her belief in the importance of aligning the mind, body, and spirit.

### **Exploring Consciousness**

Dr. Pat's reflections on consciousness highlight the connection between thoughts, emotions, and physical health. She emphasizes the role of the brain as the control center for all bodily functions, including how we process stress and emotions. By addressing internal dialogues and recognizing triggers, individuals can shift from a reactive state to one of mindful awareness. Her philosophy underscores the importance of aligning the gut, heart, and brain to create harmony and navigate life's challenges with grace.

### **Pioneering Change**

Dr. Pat's work focuses on integrating holistic approaches to health. Her classes, such as *Be Stronger Than Medicine*, empower individuals to take charge of their well-being by identifying and addressing the root causes of health issues. She challenges conventional medical paradigms by advocating for personalized care and preventive

practices, emphasizing that health is foundational to achieving life's goals and aspirations.

### **Practical Wisdom**

Dr. Pat offers practical advice for improving health and well-being:

1. **Focus on the Basics:** Prioritize sleep, nutrition, movement, and mindset to build a strong foundation for health.
2. **Dream Your Dream Day:** Envision your ideal day without limitations, then identify the steps and health changes needed to manifest it.
3. **Address Weak Links:** Identify and fortify the weakest areas in your physical, emotional, or mental health to create balance and resilience.

Her mantra: "There's no magic pill; everything takes time," reflects her belief in the power of patience, intention, and consistent effort.

### **Inspiring Collaboration**

Dr. Pat's approach to collaboration emphasizes the importance of understanding others' perspectives. She encourages empathic communication, especially in challenging relationships, by reframing conversations to foster mutual understanding. Her belief in collective progress inspires individuals to work together toward common goals, creating supportive communities that promote shared well-being.

### **Spiritual Insights**

Dr. Pat integrates spiritual principles into her work, emphasizing the interconnectedness of the mind, body, and spirit. She encourages individuals to explore their inner worlds, recognize their strengths, and embrace vulnerability as a source of power. Her reflections on

synchronicities, such as numerical patterns and intuitive insights, highlight the importance of staying attuned to life's subtle cues.

### **Engaging Topics for the Future**

Dr. Pat envisions a future where holistic health practices are mainstream, empowering individuals to take charge of their well-being. She advocates for educational initiatives that prioritize preventive care, mental health, and integrative approaches. By addressing health as a cornerstone of personal and collective progress, she inspires a vision of vibrant, sustainable living.

### **Authentic Human Connection**

At the core of Dr. Pat's philosophy is the belief that authentic connections begin with self-awareness and self-care. By nurturing oneself, individuals can show up fully for others, creating a ripple effect of positive energy. Her approach to health coaching focuses on empowering individuals to take ownership of their choices, fostering resilience and alignment in their relationships and communities.

### **Conclusion**

Dr. Pat Boulogne's journey illustrates the transformative power of aligning health, mindset, and purpose. Her teachings inspire readers to take proactive steps toward well-being, embrace holistic practices, and cultivate resilience in the face of challenges. Through her insights, Dr. Pat offers a roadmap for creating a vibrant, balanced life and contributing to a healthier, more harmonious world.



# Geoff Woliner

<https://youtu.be/DZ2lByGRHTY>

*Winning Through Wit: The Power of Storytelling and Humor*

## **Transformational Journeys**

Geoff Woliner, founder and CEO of Winning Wit, shared his unique journey of blending comedy, storytelling, and coaching to empower others in Episode 26 of *One World in a New World*. From his early career with the American Society for Training and Development (ASTD) to building a business focused on helping people shine in life's pivotal moments, Geoff's story is one of transformation and authenticity. His work exemplifies the integration of humor and heart to create meaningful connections and inspire positive change.

## **Exploring Consciousness**

Geoff's journey into deeper awareness began during his time with ASTD, where he recognized the power of authentic relationships in fostering personal and professional growth. His transition to Winning Wit was sparked by an epiphany while driving through Canada—combining his background in comedy with his passion for helping others. Geoff describes humor as a bridge to deeper understanding, emphasizing its ability to unlock emotions and foster authentic expression.

## **Pioneering Change**

Winning Wit is a testament to Geoff's innovative approach to storytelling and communication. By helping individuals articulate their stories—whether for weddings, conferences, or personal milestones—Geoff empowers them to connect with their audiences on a profound level. His philosophy underscores that everyone has a unique story, and with the right words and delivery, they can captivate and inspire others. Geoff's work demonstrates how humor

can elevate communication, transforming ordinary moments into extraordinary ones.

### **Practical Wisdom**

Geoff's advice for finding fulfillment and impact includes:

1. **Discover Your Spark:** Identify the activities that light up your soul and pursue them wholeheartedly.
2. **Tap into Flow:** Engage in practices that align with your energy and passion, whether through movement, creativity, or quiet reflection.
3. **Start from a Place of Love:** Ensure that your words and actions stem from a genuine desire to connect and uplift others.

His mantra: "If it's coming from a place of love, let's rock and roll," reflects his commitment to authenticity and service.

### **Inspiring Collaboration**

Geoff's career highlights the importance of fostering collaboration and inclusivity. His work with ASTD emphasized the value of building communities that share best practices and support one another.

Through Winning Wit, Geoff continues to create spaces where people feel empowered to express themselves and connect meaningfully with their audiences.

### **Spiritual Insights**

Geoff integrates humor with spiritual awareness, describing humor as a channel for authenticity and higher consciousness. He reflects on how storytelling allows individuals to align with their inner truths and connect with others on a deeper level. His approach exemplifies the

balance between self-expression and service, creating a resonance that inspires transformation.

### **Engaging Topics for the Future**

Geoff envisions a world where humor and storytelling become central to personal and collective evolution. He believes that irreverence—used thoughtfully—can unlock flow and creativity, allowing individuals and organizations to transcend limitations. His upcoming projects, including workshops and a new book on irreverence and flow, aim to inspire others to embrace their authentic voices and lead with joy.

### **Authentic Human Connection**

At the core of Geoff's philosophy is the belief in the power of genuine connection. By helping others articulate their truths and engage with their audiences, he fosters relationships built on trust and empathy. His work demonstrates how storytelling can bridge divides, create shared experiences, and inspire collective growth.

### **Conclusion**

Geoff Woliner's journey highlights the transformative power of humor, storytelling, and authenticity. His teachings inspire readers to embrace their unique voices, connect with others through shared stories, and find joy in the process. Through *Winning Wit*, Geoff offers a roadmap for living with purpose, creativity, and connection, lighting the way for a brighter, more harmonious future.





# Doug Breitbart

<https://youtu.be/wxSTSx4UXPU>

*The Power of Being in Co-Creation*

## **Transformational Journeys**

Doug Breitbart, JD, co-founder of Being in Systems LLC, shared his profound journey into the world of transformative co-creation in Episode 27 of *One World in a New World*. Doug's career has spanned law, entertainment, and organizational consulting, but his central mission has always been awakening individuals to their agency, voice, and generative potential. His story reflects a commitment to reimagining how people and systems operate, emphasizing human connection and collective growth.

## **Exploring Consciousness**

Doug's journey into consciousness began with a deep internal knowing that he was here to serve and contribute meaningfully to the world. This awareness grew through experiences of personal growth and transformation, including a pivotal weekend workshop that catalyzed a profound shift in his self-awareness. Doug's reflections on these transformative moments highlight the importance of connecting with one's authentic self to unlock the potential for meaningful action and collaboration.

## **Pioneering Change**

Through Being in Systems, Doug focuses on catalyzing change within organizations by centering human connection and agency. His approach rejects traditional hierarchical structures, emphasizing instead the importance of co-creation, where transformation is driven by those within the system. By empowering individuals to take ownership of their roles and contributions, Doug fosters environments that prioritize creativity, authenticity, and collective well-being.

## **Practical Wisdom**

Doug's advice for embracing transformation includes:

1. **Trust the Process:** Engage fully in the experiences that challenge your perceptions and assumptions.
2. **Be Present:** Develop the ability to slow down and engage with your inner self to better navigate external challenges.
3. **Honor Individual Contributions:** Recognize the value of each person's unique gifts and integrate them into the collective process.

His mantra: "Integrated being while doing" captures the essence of his approach, emphasizing the alignment of purpose and action.

## **Inspiring Collaboration**

Doug's philosophy of co-creation is built on fostering environments of psychological safety, intellectual humility, and shared ownership. His work demonstrates how addressing disruptions and conflicts as collective opportunities for growth can transform challenges into generative experiences. By encouraging individuals to share their insights and emotions freely, Doug's processes unlock deeper levels of connection and collaboration.

## **Spiritual Insights**

Doug integrates spiritual principles into his work, viewing individuals as energetic beings interconnected on multiple levels. He emphasizes the importance of creating spaces where people can explore their full potential, free from judgment or coercion. His reflections on the abundance of the universe inspire individuals to shift their focus from fear and scarcity to creativity and possibility.

## **Engaging Topics for the Future**

Doug envisions a future where organizations move beyond the industrial paradigm to embrace holistic, regenerative practices. By integrating human-centered approaches into business structures, he believes we can create systems that are not only efficient but also enriching for individuals and communities. His work challenges leaders to reimagine the purpose of their organizations and prioritize sustainable, values-driven transformation.

## **Authentic Human Connection**

Doug's emphasis on authenticity and presence is central to his approach. By fostering spaces for open dialogue and shared understanding, he helps individuals and teams build trust and navigate complexity. His work highlights the power of collective intelligence in creating solutions that are both innovative and meaningful.

## **Conclusion**

Doug Breitbart's journey reflects the transformative power of aligning being with doing. His teachings inspire readers to embrace their roles as co-creators of change, fostering systems that prioritize connection, authenticity, and collective growth. Through his insights, Doug offers a roadmap for navigating the complexities of modern life with intention and purpose.



# Mark O'Brien

<https://youtu.be/jOnXMOPftNs>

*Writing to Restore Self-Faith*

## **Transformational Journeys**

Mark O'Brien, founder and principal of O'Brien Communications Group and a prolific author, shared his profound journey of transformation and self-discovery in Episode 28 of *One World in a New World*. From his early days of struggling with perfectionism to overcoming depression and embracing his calling as a writer, Mark's story highlights the power of self-faith and creative expression. His work with children's books and organizational storytelling reflects his commitment to fostering authentic connections and inspiring others to trust their inner voices.

## **Exploring Consciousness**

Mark's exploration of consciousness was reignited through his experiences with children while sharing his books in schools. He described how their unfiltered awe and wonder helped him reconnect with his inner child and restore his sense of curiosity. This return to innocence allowed Mark to rediscover the joy of writing and the clarity of his inner knowing. He reflects on how life's challenges often obscure our innate connection to self and emphasizes the importance of rekindling that bond.

## **Pioneering Change**

Through O'Brien Communications Group, Mark has reshaped how organizations approach storytelling and communication. His work emphasizes the role of authenticity in fostering trust and engagement. Mark's ability to blend humor, heart, and insight in his writing has made him a unique voice in both professional and creative contexts. His children's books, including *Martin the Marlin*

and *The One and Only Ben and Friends*, offer lessons on individuality and resilience, appealing to readers of all ages.

### **Practical Wisdom**

Mark's advice for navigating life's challenges includes:

1. **Trust Yourself:** Embrace your inner knowing and allow it to guide your decisions.
2. **Find the Humor:** Use humor as a tool to navigate difficulties and foster connection.
3. **Celebrate Discovery:** Approach life with a sense of curiosity and openness to learning.

His mantra: "I write to restore self-faith," encapsulates his mission to empower others to believe in themselves and their unique potential.

### **Inspiring Collaboration**

Mark's experiences in leading workshops and engaging with diverse audiences have highlighted the transformative power of shared storytelling. He emphasizes the importance of creating spaces where individuals feel safe to explore their ideas and express themselves authentically. His approach fosters a sense of community and mutual growth, inspiring participants to discover their voices and connect on a deeper level.

### **Spiritual Insights**

Mark's reflections on creativity and connection align with spiritual principles of unity and self-awareness. He believes that moments of serendipity and synchronicity reveal the interconnectedness of all things. His work emphasizes the importance of aligning with one's purpose and trusting in the journey, even when faced with uncertainty or adversity.

## **Engaging Topics for the Future**

Mark envisions a future where storytelling and authenticity take center stage in both personal and professional contexts. He advocates for teaching children and adults alike to embrace their creativity, celebrate their uniqueness, and approach challenges with resilience. His work serves as a reminder that self-expression is a powerful tool for healing, growth, and connection.

## **Authentic Human Connection**

At the core of Mark's philosophy is the belief that authentic connection begins with vulnerability. By sharing his own struggles and triumphs, he inspires others to do the same, creating a ripple effect of trust and understanding. His emphasis on empathy and humor fosters relationships that are genuine, impactful, and enduring.

## **Conclusion**

Mark O'Brien's journey demonstrates the transformative power of trust, creativity, and self-expression. His teachings inspire readers to embrace their inner knowing, overcome life's obstacles, and connect with others through storytelling. Through his work, Mark offers a roadmap for living with purpose, authenticity, and joy, lighting the way for a more connected and compassionate world.





# Lisa Ma

<https://youtu.be/MZSGVrgPTcE>

## *The Art of Connection and Co-Creation*

### **Transformational Journeys**

Lisa Ma, Chief Growth Officer at Hub and creator of Stronger Together X, shared her inspiring journey of self-discovery and professional transformation in Episode 29 of *One World in a New World*. With a rich background in global marketing and technology roles at companies like Yahoo and LivePerson, Lisa's career has been shaped by a desire to merge her professional expertise with her philanthropic passion. Her work exemplifies the power of aligning inner purpose with external impact, creating meaningful connections and fostering collaboration on a global scale.

### **Exploring Consciousness**

Lisa's exploration of consciousness was catalyzed during the 2020 lockdown, which offered her a rare opportunity for introspection. Through daily meditations before sunrise, she began to uncover synchronicities and align her life's mission with her professional expertise. Lisa describes this period as an "inner warrior training," where she learned to tune into her intuition and embrace her inner guide. Her reflections emphasize the transformative power of connecting with one's heart and aligning actions with a higher purpose.

### **Pioneering Change**

Lisa's Stronger Together X initiative embodies her vision of co-creation and collaboration. By leveraging virtual platforms like Zoom, she has created spaces for meaningful networking and authentic dialogue. Her approach integrates technology with intentionality, offering opportunities for individuals to connect, share wisdom, and co-create solutions for global challenges. Lisa's gatherings emphasize

the importance of coming together as equals, focusing on who people are rather than what they do.

### **Practical Wisdom**

Lisa offers practical advice for fostering connection and collaboration:

1. **Tune In:** Dedicate time daily for introspection and meditation to align with your inner purpose.
2. **Ask Three Key Questions:** Who are you? What are your superpowers? What is your passion project?
3. **Leverage Technology:** Use tools like LinkedIn and Zoom to build authentic connections and amplify your impact.

Her mantra: “Stronger together,” reflects her belief in the power of community and collective action to create positive change.

### **Inspiring Collaboration**

Lisa’s work emphasizes the importance of holding space for authentic dialogue. Her networking events focus on facilitating meaningful conversations, allowing participants to discover shared values and opportunities for co-creation. By fostering trust and encouraging vulnerability, Lisa creates environments where people feel seen, heard, and empowered to collaborate.

### **Spiritual Insights**

Lisa’s reflections on synchronicity and intuition highlight the interconnectedness of humanity. She views intuition as a guiding force that helps individuals align with their higher purpose and navigate life’s challenges. Her philosophy emphasizes the importance of trusting the process and recognizing the inherent abundance in the universe.

## **Engaging Topics for the Future**

Lisa envisions a future where virtual and in-person gatherings converge to create immersive experiences that foster learning, connection, and collaboration. She believes in the potential of global communities to amplify positive change, leveraging technology to break down barriers and bring people together. Her work inspires individuals to think expansively, embrace their superpowers, and contribute to collective progress.

## **Authentic Human Connection**

At the heart of Lisa's philosophy is the belief that authentic connection begins with vulnerability and self-awareness. By prioritizing who people are over what they do, she fosters relationships built on trust and mutual respect. Her approach to networking redefines traditional paradigms, emphasizing collaboration and co-creation over competition.

## **Conclusion**

Lisa Ma's journey reflects the transformative power of connection, introspection, and intentional action. Her teachings inspire readers to embrace their inner wisdom, connect with like-minded individuals, and co-create solutions that align with their purpose. Through her work, Lisa offers a vision for a more collaborative, inclusive, and harmonious world.



# Dr. Laura Staley

<https://youtu.be/yxWMqU7Sz3A>

## *Clearing the Clutter for a Thriving Life*

### **Transformational Journeys**

Dr. Laura Staley, founder of Cherish Your World, shared her deeply personal and transformative journey in Episode 30 of *One World in a New World*. With a background in philosophy, political science, and feng shui, Laura has dedicated her career to helping individuals create harmonious environments that support their personal growth. Her path was shaped by overcoming a traumatic childhood and embracing the inner work needed to heal, thrive, and serve others.

### **Exploring Consciousness**

Laura's journey into consciousness began with early traumatic experiences that forced her inward. She discovered solace in the natural world and her inner imagination, finding a sanctuary within herself. This inner exploration allowed her to connect with her soul and cultivate resilience. Her reflections emphasize how connecting with nature and the energy within everything can provide grounding and clarity.

### **Pioneering Change**

Through her work with Cherish Your World, Laura has pioneered a holistic approach to decluttering and organizing spaces to reflect inner harmony. Her expertise in feng shui integrates principles of energy flow, balance, and connection. Laura's contributions to platforms like *BizCatalyst 360* and *OWL Magazine* highlight her commitment to sharing practical and transformative insights that inspire individuals to align their inner and outer worlds.

### **Practical Wisdom**

Laura offers practical advice for cultivating harmony and thriving:

1. **Breathe Deeply:** Use intentional breathing to calm the nervous system and ground yourself in the present moment.
2. **Create Sacred Spaces:** Arrange your living environment to reflect your values, promoting peace and inspiration.
3. **Embrace the Pause:** Practice mindfulness by pausing between stimulus and response to choose actions aligned with your deeper commitments.

Her mantra: “Love, compassion, and courage lead to harmony,” encapsulates her approach to navigating life’s challenges with grace and intention.

### **Inspiring Collaboration**

Laura’s work emphasizes the power of generative conversations and mutual understanding. She believes that authentic dialogue and emotional intelligence can transform relationships and create environments of trust and connection. Her compassionate approach fosters collaboration and community, inspiring individuals to engage with one another from a place of empathy and respect.

### **Spiritual Insights**

Laura integrates spiritual principles into her work, viewing all life as interconnected through energy and consciousness. She reflects on how embracing gratitude and self-awareness can help individuals navigate challenges and align with their true purpose. Her experiences underscore the importance of cultivating inner harmony to radiate peace and positivity outward.

### **Engaging Topics for the Future**

Laura envisions a future where individuals embrace their power to transform both their inner and outer worlds. She advocates for practices that promote emotional maturity, social intelligence, and

self-awareness as foundational to creating sustainable, harmonious lives. Her work inspires others to align their values with their actions, fostering a ripple effect of positive change.

### **Authentic Human Connection**

At the core of Laura's philosophy is the belief in the power of connection—both to oneself and others. By practicing presence, listening deeply, and responding with compassion, she creates spaces for healing and growth. Her approach encourages individuals to honor their journeys and extend grace to themselves and those around them.

### **Conclusion**

Dr. Laura Staley's journey reflects the transformative power of aligning the inner and outer worlds. Her teachings inspire readers to embrace their values, create harmonious environments, and cultivate meaningful connections. Through her work, Laura offers a vision for a thriving life rooted in love, courage, and compassion.





# Ipek Williamson

<https://youtu.be/YbYKmSjgzQ>

*Embracing Inner Wisdom for a Harmonious Life*

## **Transformational Journeys**

Ipek Williamson, certified insight coach, meditation advocate, and author, shared her transformative story in Episode 32 of *One World in a New World*. From her two-decade career as an executive assistant in Turkey and Canada to a profound personal awakening, Ipek's path exemplifies the power of turning inward to find clarity, purpose, and joy. Her journey, sparked by adversity and guided by meditation, reveals how self-discovery can lead to a life of authenticity and meaningful connection.

## **Exploring Consciousness**

Ipek's transition began with a pivotal life event—a difficult work experience that catalyzed her decision to reevaluate her life's direction. Through regular meditation, she unlocked her creativity, intuition, and joy, gradually overcoming depression and connecting with her inner child. Her reflections emphasize the importance of stillness in accessing inner wisdom, where answers to life's challenges and one's true purpose reside.

## **Pioneering Change**

As an insight coach and meditation teacher, Ipek now helps others navigate their personal journeys with greater ease. She integrates techniques like mindfulness and guided meditation into her coaching practice, offering tools to help clients connect with their authentic selves and realize their full potential. Her podcast, *Insights with Ipek Williamson*, and her contributions to platforms like Insight Timer amplify her mission to inspire and uplift others.

## Practical Wisdom

Ipek's advice for personal transformation includes:

1. **Start Small:** Begin with simple breathing exercises or short guided meditations to cultivate mindfulness.
2. **Trust the Universe:** Surrender to the flow of life, trusting that the right people and opportunities will come at the right time.
3. **Prioritize Joy:** Use joy as a guiding principle in decision-making and daily actions.

Her mantra: "Joy is my lighthouse," underscores her belief in the transformative power of aligning with what brings happiness and fulfillment.

## Inspiring Collaboration

Ipek's work demonstrates the power of collective meditation and connection. She emphasizes the amplified energy and impact of meditating in groups, even virtually. By creating spaces for individuals to share their experiences and insights, she fosters a sense of community and mutual growth, inspiring participants to raise their vibrations and embrace their potential.

## Spiritual Insights

Ipek's reflections on meditation highlight its role in clearing energetic blocks and enhancing self-awareness. She describes how regular meditation rewires the brain, replacing fear-based patterns with clarity, love, and trust. Her philosophy integrates spiritual principles of gratitude, self-love, and the interconnectedness of all life, encouraging individuals to live in harmony with themselves and the world.

## **Engaging Topics for the Future**

Ipek envisions a future where meditation and self-awareness are integral to education, workplaces, and personal development. She believes that as more people embrace their inner wisdom, humanity will move closer to a harmonious, love-centered way of living. Her work inspires others to explore their unique paths and contribute to collective well-being.

## **Authentic Human Connection**

Ipek's emphasis on self-love and vulnerability forms the foundation of authentic connection. By encouraging clients to embrace their worth and express their true selves, she creates ripple effects that extend to their families, communities, and beyond. Her work exemplifies how personal transformation can inspire collective change.

## **Conclusion**

Ipek Williamson's journey reflects the transformative power of meditation, self-love, and authenticity. Her teachings inspire readers to pause, listen to their inner voices, and align their lives with joy and purpose. Through her work, Ipek offers a vision for a more harmonious and connected world, inviting everyone to take the first step toward self-discovery and fulfillment.



# Indra Rinzler

<https://youtu.be/YbYKmSjgzQ>

## *Navigating Cosmic Cycles and Inner Truths*

### **Transformational Journeys**

Indra Rinzler, Vedic astrologer, Enneagram expert, and spiritual consultant, shared his profound journey of self-awareness and cosmic exploration in Episode 31 of *One World in a New World*.

Indra's life has been shaped by an enduring quest to understand the deeper energies that guide human existence. From his early fascination with metaphysical books in California during the 1970s to becoming a world traveler who has visited over 56 countries, Indra's path reflects a dedication to seeking and sharing universal truths.

### **Exploring Consciousness**

Indra's journey into consciousness began with an early awareness of the energetic dimensions beyond the physical plane. He described experiences of sensing the unspoken energies of a room and the interconnectedness of all things. These realizations ignited his passion for Vedic astrology and metaphysical studies, opening the door to a lifetime of exploration. Indra reflects on the importance of embracing the unseen and nurturing a connection to one's inner self as the key to transcending limitations.

### **Pioneering Change**

Through his work with Vedic astrology and the Enneagram, Indra offers clients insights into their true selves, empowering them to navigate life's challenges with clarity and intention. His innovative approach blends sacred geometry, astrology, and personality frameworks, creating a unique perspective that helps individuals align with their highest potential. Indra's teaching emphasizes breaking free from limiting stories and embracing the present moment.

## Practical Wisdom

Indra encourages practices that deepen self-awareness and foster inner growth:

1. **Embrace Duality:** Recognize the interplay between creation and dissolution in every moment.
2. **Simplify Your Space:** Clear physical and emotional clutter to create room for self-discovery.
3. **Trust the Process:** Allow life to unfold naturally, embracing its lessons with humility and curiosity.

His mantra: “Get out of the story,” reminds individuals to transcend limiting narratives and align with their authentic selves.

## Inspiring Collaboration

Indra’s global travels and experiences in spiritual communities have shaped his belief in the universal nature of humanity. He advocates for breaking down borders—whether physical or ideological—and embracing a shared sense of community. His work fosters environments of mutual respect and understanding, inviting individuals to explore their interconnectedness.

## Spiritual Insights

Indra integrates the ancient teachings of the Yugas into his work, offering a framework for understanding the cyclical nature of time and consciousness. He highlights humanity’s transition from Kali Yuga (the dense age) to Dwapara Yuga (the energy age), emphasizing the opportunities for growth and awakening during this period. His reflections inspire individuals to align with the higher frequencies emerging in this new age.

## **Engaging Topics for the Future**

Indra envisions a future where humanity embraces its cosmic potential, integrating ancient wisdom with modern understanding. He sees a growing recognition of the mind-body connection, a resurgence of spiritual practices, and an increasing openness to the mysteries of existence. His work encourages individuals to explore their unique paths while contributing to the collective evolution.

## **Authentic Human Connection**

At the heart of Indra's philosophy is the belief in authentic connection as a pathway to transformation. By sharing his insights and listening deeply, he creates spaces where individuals feel empowered to explore their truths. His teachings emphasize the importance of compassion, humility, and openness in fostering meaningful relationships.

## **Conclusion**

Indra Rinzler's journey reflects the transformative power of aligning with one's inner truth and embracing the universal energies that guide us. His teachings inspire readers to explore the unseen dimensions of life, transcend limiting stories, and align with the cosmic flow. Through his wisdom, Indra offers a roadmap for navigating the complexities of existence with grace and purpose.





# Diane Wyzga, JD

<https://youtu.be/BTTue9FFQgs>

*The Sorcery of Storytelling in Life and Law*

## **Transformational Journeys**

Diane Wyzga, JD, founder of Quarter Moon Story Arts and creator of the Engaged Storyism™ method, shared her remarkable journey of blending storytelling with professional practice in Episode 33 of *One World in a New World*. With a diverse background as a nurse, lawyer, corporate trainer, and litigation consultant, Diane's story is a testament to the transformative power of authentic storytelling in fostering connection and empowering individuals. Her journey has been shaped by an enduring commitment to helping people uncover and articulate their unique voices.

## **Exploring Consciousness**

Diane's early life was marked by profound experiences of inner awareness, moments of knowing that transcended logical explanation. These formative experiences laid the foundation for her lifelong exploration of storytelling as a means to uncover and express universal truths. She describes storytelling as an organic, living process that connects individuals to their deepest selves and to one another, emphasizing its ability to resonate with shared human experiences and emotions.

## **Pioneering Change**

Through Quarter Moon Story Arts and her Engaged Storyism™ method, Diane has redefined how storytelling is used in professional and personal contexts. Her work helps clients in law, business, and beyond find their authentic voices and tell their stories with clarity and impact. By integrating right-brained creativity with left-brained logic, Diane empowers individuals to connect with their audiences on

multiple levels, transforming not only their narratives but also their relationships and outcomes.

### **Practical Wisdom**

Diane offers practical advice for embracing storytelling as a tool for growth and connection:

1. **Start Small:** Share your story with yourself first by journaling or speaking it aloud in a safe space.
2. **Trust the Process:** Recognize that storytelling is not just about words but also about the emotions and images they evoke.
3. **Embrace Vulnerability:** Share your story with trusted listeners, asking them to hold space for you without judgment or interruption.

Her mantra: “The story that needs to be told will find its way,” reflects her belief in the organic power of storytelling to reveal deeper truths.

### **Inspiring Collaboration**

Diane’s work fosters environments of psychological safety and mutual respect, where individuals feel encouraged to explore and share their stories. By emphasizing active listening and compassionate engagement, she creates spaces where stories can unfold naturally, leading to greater understanding and collaboration.

### **Spiritual Insights**

Diane views storytelling as a sacred process that transcends the boundaries of time and space. She reflects on the interconnectedness of all life and the role of stories in helping us understand our shared humanity. Her teachings encourage

individuals to recognize the power of their own narratives in shaping their realities and relationships.

### **Engaging Topics for the Future**

Diane envisions a future where storytelling becomes a central practice in education, leadership, and conflict resolution. She advocates for using stories to bridge divides, foster empathy, and create cultures of engagement and trust. Her work inspires individuals to embrace storytelling as a means to navigate the complexities of modern life with courage and authenticity.

### **Authentic Human Connection**

At the heart of Diane's philosophy is the belief that storytelling is a collaborative process that binds teller and listener in a shared experience. By inviting others to engage with their stories, she fosters connections that are deep, meaningful, and transformative. Her work exemplifies the power of storytelling to build bridges, foster understanding, and inspire change.

### **Conclusion**

Diane Wyzga's journey reflects the transformative potential of storytelling as a tool for connection, growth, and empowerment. Her teachings inspire readers to embrace their own narratives, find their authentic voices, and use their stories to create positive change in their lives and communities. Through her work, Diane offers a vision for a world where storytelling is recognized as a vital force for unity and understanding.



# Marc J. Victor, Esq.

<https://youtu.be/0pph6mFjx4Y>

*Advancing Freedom Through Live and Let Live*

## **Transformational Journeys**

Marc J. Victor, Esq., founder of the Attorneys for Freedom law firm and creator of the Live and Let Live Global Peace Movement, shared his inspiring story of transformation in Episode 34 of *One World in a New World*. As a U.S. Marine veteran, Arizona State Bar Certified Specialist in Criminal Law, and advocate for liberty, Marc's journey is a testament to his commitment to justice and his vision for a peaceful, cooperative world. His work demonstrates the power of aligning personal freedom with collective harmony.

## **Exploring Consciousness**

Marc's inner journey has been shaped by a lifelong commitment to self-improvement and mindfulness. As a daily meditator, he emphasizes the importance of inner peace as a foundation for achieving freedom and spreading it to others. Marc reflects on how his legal career deepened his understanding of the human condition, helping him connect his professional work with broader principles of compassion and justice. His practice of continually evolving into a "better version" of himself inspires others to explore their own paths of growth.

## **Pioneering Change**

Marc's Live and Let Live movement represents a paradigm shift in how we approach governance and social interaction. Built on a simple yet profound principle—allowing individuals the freedom to live their lives while respecting the same for others—the movement integrates legal and moral dimensions. Marc's work redefines how society can balance personal autonomy with collective well-being,

advocating for the separation of personal morality from legal mandates.

### **Practical Wisdom**

Marc's advice for fostering peace and freedom includes:

1. **Meditate Daily:** Cultivate inner freedom and mindfulness to guide your actions and interactions.
2. **Live the Message:** Embody the principles of tolerance, kindness, and respect in your daily life.
3. **Separate Morality from Law:** Recognize the distinction between personal values and legal rules, ensuring freedom for all while respecting individual differences.

His mantra: "Be a good human," encapsulates his vision for a harmonious world rooted in mutual respect and voluntary kindness.

### **Inspiring Collaboration**

Marc's leadership in the Live and Let Live movement emphasizes collaboration and community-building. By fostering open dialogue and creating platforms for like-minded individuals to connect, he inspires collective action for a better world. The movement's growing network spans 20 countries, illustrating the universal resonance of its principles.

### **Spiritual Insights**

Marc views mindfulness and meditation as integral to his mission, emphasizing the role of self-awareness in achieving societal peace. He reflects on the interconnectedness of humanity, advocating for a balance between individual rights and collective responsibilities. His philosophy integrates spiritual awareness with practical action,

offering a path to transcend adversarial relationships and foster global harmony.

### **Engaging Topics for the Future**

Marc envisions a world where the Live and Let Live principles become a universal standard for governance and social interaction. He emphasizes the importance of education, dialogue, and grassroots efforts to create a culture of respect and cooperation. His movement challenges individuals to take responsibility for their choices while contributing to collective well-being.

### **Authentic Human Connection**

At the heart of Marc's philosophy is the belief in the power of authentic relationships. By encouraging open-mindedness, tolerance, and voluntary kindness, he creates spaces where individuals can connect and thrive. His work demonstrates how fostering respect and understanding can lead to profound transformation, both individually and collectively.

### **Conclusion**

Marc J. Victor's journey reflects the transformative potential of aligning personal freedom with collective responsibility. His teachings inspire readers to embrace the principles of Live and Let Live, fostering a world of harmony, cooperation, and respect. Through his work, Marc offers a roadmap for creating a more peaceful and connected global community.





# SoFeya Joseph

<https://youtu.be/svDAoArjB9Y>

## *Unlocking Potential Through Compassion and Willpower*

### **Transformational Journeys**

SoFeya Joseph, founder and CEO of Imagine Life, shared her inspiring and deeply personal journey in Episode 35 of *One World in a New World*. With a background as an Olympic skating coach, international speaker, and success identity expert, SoFeya's story reflects her profound commitment to uncovering the untapped potential within individuals. Her transition from overcoming a traumatic childhood in Latvia to becoming a transformational leader exemplifies resilience, vision, and the power of self-discovery.

### **Exploring Consciousness**

SoFeya's awakening began during her childhood in a harsh environment, where she experienced abusive coaching methods that left her doubting her self-worth. Despite these early challenges, her journey took a pivotal turn when a new coach recognized her talent and nurtured her with encouragement and love. This relationship planted the seeds of her realization that compassion could unlock human potential, a realization that later became the cornerstone of her coaching philosophy.

### **Pioneering Change**

Through Imagine Life, SoFeya has redefined the metrics of success by focusing on helping individuals become their best selves. Her work integrates spiritual psychology, sports psychology, and kundalini yoga, offering tools for emotional, physical, and mental transformation. As a mentor, SoFeya inspires her clients to break free from societal expectations and embrace their authentic selves. Her journey from being a skating coach to a global transformational leader showcases her dedication to creating a positive impact.

## **Practical Wisdom**

SoFeya offers practical advice for those seeking to unlock their potential:

1. **Practice Self-Love:** Recognize your inherent worth and honor your unique path.
2. **Seek Inner Alignment:** Use mindfulness practices, such as meditation and intentional breathing, to align with your core self.
3. **Cultivate Resilience:** See challenges as opportunities to grow, and embrace setbacks as part of your journey.

Her mantra: “The best self is the expression of the core self,” encapsulates her belief in the transformative power of aligning with one’s true essence.

## **Inspiring Collaboration**

SoFeya’s coaching philosophy emphasizes creating environments of mutual respect and trust. Her approach transforms both her clients and their communities by encouraging authentic dialogue and shared purpose. Her dedication to nurturing potential in others reflects her unwavering belief that everyone is capable of achieving greatness when guided by love and clarity.

## **Spiritual Insights**

SoFeya integrates spiritual principles into her work, focusing on qualities such as respect, willingness, and vulnerability. She describes her process of spiritual growth as a journey through divine qualities that shape and elevate one’s character. By embodying these principles, she helps others move beyond limiting beliefs and align with their higher selves.

## **Engaging Topics for the Future**

SoFeya envisions a future where the focus shifts from competition to co-creation, emphasizing spiritual and emotional alignment as the foundation for personal and societal growth. Her work promotes the idea of living from the core self, inspiring individuals to lead lives filled with purpose, respect, and collaboration.

## **Authentic Human Connection**

At the heart of SoFeya's philosophy is the belief that compassion and encouragement can transform lives. Her ability to connect deeply with others stems from her authenticity and vulnerability, creating spaces where individuals feel safe to explore their potential. Her journey highlights the importance of seeing and nurturing the best in others, paving the way for meaningful connections and collective progress.

## **Conclusion**

SoFeya Joseph's story is a testament to the transformative power of compassion, self-alignment, and resilience. Her teachings inspire readers to embrace their inner wisdom, overcome challenges, and express their true selves. Through her work, SoFeya offers a vision for a harmonious world where everyone is empowered to realize their fullest potential.



# Frank Bolaji Irawo

<https://youtu.be/arw41hnZ4rk>

*Unlocking the Flow of Inner and Outer Transformation*

## **Transformational Journeys**

Frank Bolaji Irawo, author of *Dream: Manifest Your Path to Joy, Peace, and Contentment*, shared his compelling journey of self-discovery and transformation in Episode 36 of *One World in a New World*. With a background as an IT systems administrator and consultant, Frank's story is a testament to the resilience and introspection that arise from adversity. Facing financial bankruptcy, Frank embarked on a path of reevaluating his values, reconnecting to his purpose, and exploring mindfulness, psychology, and neuroscience to create lasting transformation from within.

## **Exploring Consciousness**

Frank's spiritual awakening began with his childhood experiences in a Christian framework. However, his understanding deepened when he faced personal and financial challenges that pushed him to question his long-held beliefs. Inspired by books like Michael Singer's *The Untethered Soul*, Frank realized the significance of observing the mind without becoming attached to its narratives. This shift in perspective allowed him to embrace the idea of living from the inside out rather than relying on external circumstances for fulfillment.

## **Pioneering Change**

Through his book *Dream* and his coaching practice, Frank provides a framework for personal transformation that integrates discovery, recovery, envisioning, action, and manifestation. His approach encourages individuals to identify their values, learn from their challenges, align their actions with their passions, and trust the universal flow. Frank's emphasis on embracing one's inner wisdom

has inspired countless individuals to embark on their own paths of self-discovery and growth.

### **Practical Wisdom**

Frank's practical advice for navigating transformation includes:

1. **Start with Self-Discovery:** Reflect on your current state and align with your inner values and desires.
2. **Learn from Adversity:** Reframe challenges as opportunities for growth and uncover the lessons they hold.
3. **Take Small, Consistent Actions:** Focus on manageable steps to build momentum and cultivate resilience.

His mantra: "Manifestation is participation," underscores his belief that individuals can co-create their reality by aligning with universal energy and acting with intention.

### **Inspiring Collaboration**

Frank's work emphasizes the importance of creating safe spaces for authentic dialogue and mutual support. He models this through his relationships, both personal and professional, by embodying trust, compassion, and genuine care for others. His collaborative approach inspires individuals to explore their interconnectedness and work together for mutual growth.

### **Spiritual Insights**

Frank integrates spiritual principles into his coaching and writing, encouraging individuals to trust their inner guidance and embrace their unique journeys. His reflections on the interconnectedness of all life highlight the importance of shifting from external validation to internal alignment. By letting go of attachments to outcomes, Frank helps others find peace and clarity in the present moment.

## **Engaging Topics for the Future**

Frank envisions a world where individuals embrace their roles as co-creators in the unfolding of the universe. He advocates for practices that merge mindfulness, self-awareness, and service to others as pathways to fulfillment. His teachings inspire individuals to explore the deeper questions of purpose and alignment, contributing to a more harmonious and collaborative world.

## **Authentic Human Connection**

At the heart of Frank's philosophy is the belief that authentic connection begins with self-awareness and vulnerability. By modeling empathy and openness, he creates spaces where individuals feel empowered to share their stories and embrace their potential. His work exemplifies the power of relationships rooted in trust, mutual respect, and shared purpose.

## **Conclusion**

Frank Bolaji Irawo's journey reflects the transformative power of self-discovery, resilience, and intentional action. His teachings inspire readers to embrace their inner wisdom, trust the flow of life, and align their actions with their highest values. Through his work, Frank offers a vision for a more connected and fulfilling world, where individuals recognize their power to manifest joy, peace, and contentment.





# David Witzel

<https://youtu.be/IdiGRfhpu74>

## *Fostering Regeneration Through Collaboration*

### **Transformational Journeys**

David Witzel, convener of the Global Regeneration Co-Lab and chief of the Regenerative Agriculture Sector Accelerator, shared his transformative journey in Episode 37 of *One World in a New World*. With a background in public policy and environmental advocacy, David has dedicated his career to advancing innovative solutions for sustainability and regeneration. His path reflects a deep commitment to fostering collaboration among changemakers and creating systems that promote a thriving, interconnected future.

### **Exploring Consciousness**

David's journey into consciousness began with his work at the Environmental Defense Fund, where he realized the limitations of traditional sustainability efforts. Inspired by regenerative principles, he shifted his focus from mitigating harm to creating a better future. David described his awakening as a profound shift in mindset—moving from "net zero" thinking to the more ambitious goal of enhancing the health of people, communities, and ecosystems.

### **Pioneering Change**

Through his leadership in the Global Regeneration Co-Lab (GRC), David has created a platform for changemakers worldwide to share ideas, collaborate, and support each other's work. The GRC operates as a "rich soil" for nurturing regenerative projects, fostering a culture of cooperation rather than competition. David's work demonstrates how grassroots efforts and global networks can catalyze systemic change and promote a regenerative economy.

## Practical Wisdom

David offers practical advice for embracing regenerative principles:

1. **Visit a Regenerative Farm:** Witness the tangible benefits of regenerative practices, from improved biodiversity to healthier food.
2. **Collaborate and Connect:** Seek out networks like the GRC to exchange ideas and build partnerships.
3. **Adopt an Optimistic Mindset:** Focus on creating a better future rather than merely avoiding harm.

His mantra: “Regeneration is better than sustainability,” underscores his belief in the transformative potential of creating systems that contribute to life.

## Inspiring Collaboration

David’s approach to collaboration emphasizes the importance of peer-to-peer support and shared learning. The GRC hosts over 700 virtual sessions annually, providing a space for changemakers to connect, share resources, and refine their ideas. By fostering trust and camaraderie, David has created a dynamic ecosystem where innovation thrives.

## Spiritual Insights

David views regeneration as both a practical and spiritual practice. He emphasizes the interconnectedness of humanity and nature, advocating for alignment with natural systems and rhythms. His reflections highlight the importance of seeing oneself as part of a larger whole, contributing to the well-being of the planet and its inhabitants.

## **Engaging Topics for the Future**

David envisions a future where regenerative principles are integrated into national policies, business practices, and community planning. He advocates for shifting the focus from individual profit to collective well-being, emphasizing the potential of regenerative practices to address global challenges such as climate change, biodiversity loss, and social inequality.

## **Authentic Human Connection**

At the heart of David's philosophy is the belief that authentic connection and open dialogue are essential for systemic change. By creating spaces where diverse perspectives are valued, he fosters relationships that are grounded in mutual respect and shared purpose. His work demonstrates how collaboration can accelerate progress and build a more resilient future.

## **Conclusion**

David Witzel's journey reflects the transformative power of regenerative thinking and collaborative action. His teachings inspire readers to move beyond sustainability, embrace interconnectedness, and contribute to a regenerative future. Through his work, David offers a vision for a world where people, communities, and ecosystems thrive together in harmony.



# Carrie Leaf

[https://youtu.be/y5faRm6gm\\_8](https://youtu.be/y5faRm6gm_8)

*Choosing to Heal and Find Your Truth*

## **Transformational Journeys**

Carrie Leaf, holistic mindset coach, therapist, and best-selling author of *Therapize Yourself: Choose to Heal and Find Your Truth*, shared her journey of self-discovery and resilience in Episode 38 of *One World in a New World*. With a Master's degree in Marriage and Family Therapy and extensive experience in holistic wellness, Carrie's story reflects her passion for empowering individuals to uncover their inner truths and take control of their healing journeys.

## **Exploring Consciousness**

Carrie's journey began in her teenage years, marked by a deep introspection into identity, boundaries, and relationships. Her early struggles with people-pleasing and self-respect laid the groundwork for her commitment to inner growth. Over time, Carrie cultivated a balanced approach to honoring herself and others, a lesson she continues to share with her clients. Her reflections emphasize the importance of self-awareness in building authentic connections and creating meaningful change.

## **Pioneering Change**

Through her book and coaching practice, Carrie empowers individuals to embrace their inner strength and navigate life's challenges with courage and compassion. She integrates evidence-based therapy techniques with holistic approaches, emphasizing the interconnectedness of mind, body, and spirit. Carrie's teachings highlight the importance of self-reflection and intentional action in achieving personal transformation.

## **Practical Wisdom**

Carrie offers practical tools for healing and self-discovery:

1. **Practice Self-Compassion:** Replace judgment and criticism with kindness and understanding.
2. **Embrace Discomfort:** Lean into difficult emotions and experiences as opportunities for growth.
3. **Create Healthy Boundaries:** Honor your needs and values in relationships, fostering mutual respect.

Her mantra: “Choose to heal and find your truth,” encapsulates her belief in the transformative power of self-awareness and intentional living.

## **Inspiring Collaboration**

Carrie’s approach to collaboration emphasizes creating safe, supportive spaces where individuals feel seen and heard. Her coaching sessions and workshops inspire participants to share their stories and connect with others on a deeper level. By fostering trust and empathy, Carrie helps individuals build authentic relationships and cultivate a sense of community.

## **Spiritual Insights**

Carrie integrates spiritual principles into her work, encouraging individuals to connect with their inner wisdom and embrace their higher selves. She reflects on the transformative power of practices like mindfulness, journaling, and walking meditations, which create space for self-discovery and alignment with one’s true purpose.

## **Engaging Topics for the Future**

Carrie envisions a future where holistic wellness and emotional intelligence are integral to education and personal development. She

advocates for creating systems that prioritize mental health, self-awareness, and empathy, inspiring individuals to lead fulfilling lives and contribute positively to society.

### **Authentic Human Connection**

At the core of Carrie's philosophy is the belief that healing and growth begin with authentic connection—to oneself and to others. By encouraging vulnerability and openness, she helps individuals overcome their fears and embrace their potential. Her work demonstrates the power of self-awareness and intentionality in building meaningful relationships and creating positive change.

### **Conclusion**

Carrie Leaf's journey reflects the transformative power of choosing to heal and find one's truth. Her teachings inspire readers to embrace their inner wisdom, face challenges with courage, and create lives aligned with their deepest values. Through her work, Carrie offers a roadmap for living with authenticity, compassion, and purpose.





# Dr. Thomas Legrand

[https://youtu.be/5Me\\_ZkX81DQ](https://youtu.be/5Me_ZkX81DQ)

*The Politics of Being and the Path to Conscious Evolution*

## **Transformational Journeys**

Dr. Thomas Legrand, lead technical advisor for the Conscious Food Systems Alliance and author of *Politics of Being: Wisdom and Science for a New Development Paradigm*, shared his remarkable journey in Episode 39 of *One World in a New World*. With a PhD in ecological economics from the University of Versailles and years of experience in environmental advocacy, Dr. Legrand's work blends science, spirituality, and practical policy to address humanity's most pressing challenges. His transformative experiences, including encounters with indigenous wisdom in Mexico, have shaped his holistic approach to creating a more conscious and harmonious world.

## **Exploring Consciousness**

Thomas's journey into consciousness began with a profound reconnection to nature during a shamanic ceremony in Mexico. He described the experience as feeling a "drop of eternity," awakening him to the interconnectedness of all life. These moments not only inspired his academic focus on ecological economics but also deepened his understanding of humanity's role in fostering planetary well-being. Thomas emphasizes that true transformation begins with recognizing our shared inter-beingness and aligning our actions with this awareness.

## **Pioneering Change**

Through his book *Politics of Being* and his work with international organizations, Thomas advocates for shifting societal priorities from economic growth to human flourishing. He proposes a wisdom-based approach to public policy, rooted in the understanding that personal, societal, and planetary well-being are interconnected. His vision

includes practical strategies for education, health, justice, and governance that align with values like compassion, peace, and sustainability.

### **Practical Wisdom**

Thomas offers actionable steps for fostering conscious evolution:

1. **Prioritize Being Over Having:** Focus on personal and collective fulfillment rather than material accumulation.
2. **Foster Inner Connection:** Use mindfulness practices and time in nature to deepen your sense of inter-being.
3. **Redesign Systems:** Advocate for policies and institutions that nurture human potential and ecological balance.

His mantra: “Being more, not having more,” encapsulates his vision of a world where inner growth drives societal progress.

### **Inspiring Collaboration**

Thomas’s work demonstrates the power of collaborative efforts to address global challenges. His leadership in organizations like the Conscious Food Systems Alliance emphasizes the importance of creating spaces for dialogue and cooperation. By bringing together diverse perspectives, he fosters innovative solutions that reflect the complexity and interconnectedness of the modern world.

### **Spiritual Insights**

Thomas integrates spiritual principles into his work, reflecting on concepts like inter-being and the evolutionary shift humanity is undergoing. He highlights the role of crises as opportunities for growth, urging individuals and societies to embrace the unknown with courage and trust. His philosophy aligns with both ancient

wisdom and contemporary science, offering a holistic perspective on transformation.

### **Engaging Topics for the Future**

Thomas envisions a future where humanity embraces a new narrative—one that recognizes the deep connections between personal well-being, societal harmony, and ecological sustainability. He advocates for education systems that nurture the whole person, justice systems that prioritize restoration over punishment, and governance models that align with the principles of compassion and interdependence.

### **Authentic Human Connection**

At the heart of Thomas's philosophy is the belief in the transformative power of authentic connection—to oneself, others, and the planet. By fostering spaces for shared understanding and collective action, he inspires individuals to step into their roles as co-creators of a more harmonious world. His reflections on love, acceptance, and vulnerability highlight the importance of embracing both our individuality and our shared humanity.

### **Conclusion**

Dr. Thomas Legrand's journey reflects the profound potential of aligning personal growth with societal transformation. His teachings inspire readers to embrace their interconnectedness, prioritize inner well-being, and contribute to a more compassionate and sustainable future. Through his work, Thomas offers a roadmap for navigating the complexities of modern life with wisdom, courage, and purpose.



# Char Murphy, Esq.

<https://youtu.be/OzUSyuRty5g>

*Bridging Law and Spirit Through Resilience and Love*

## **Transformational Journeys**

Char Murphy, Esq., author of *Unshakable Power Through Seasons of the Soul*, attorney, and motivational speaker, shared her extraordinary journey of transformation in Episode 40 of *One World in a New World*. As the founder of Murphy's Law Firm and a survivor of multiple personal challenges, Char's story exemplifies resilience, grace, and a deep connection to the spiritual realm. Her work bridges the worlds of law and spirituality, offering hope and guidance to those navigating life's adversities.

## **Exploring Consciousness**

Char's journey into deeper awareness began during a pivotal moment before her first breast cancer diagnosis. She experienced an awakening that brought her into contact with the angelic realm, an encounter that transformed her perspective on life and adversity. She describes this as a heart-opening experience, filled with reassurance and guided by divine energies. Her connection with the angels taught her to embrace trust and faith, even in the face of uncertainty and struggle.

## **Pioneering Change**

Through her writing and coaching, Char encourages individuals to uncover their inner strength and embrace their authentic selves. Her work emphasizes the importance of finding the gifts in life's challenges, reframing adversity as an opportunity for growth. Char's unique perspective as a lawyer and spiritual mentor enables her to guide others with empathy and wisdom, fostering both emotional and practical resilience.

## **Practical Wisdom**

Char offers actionable advice for overcoming life's challenges:

1. **Find the Gift:** Look for lessons and opportunities in every difficulty, reframing them as stepping stones for growth.
2. **Listen to Your Inner Voice:** Cultivate trust in your intuition and higher self for guidance and clarity.
3. **Take Baby Steps:** Embrace progress one step at a time, recognizing that transformation is a gradual process.

Her mantra: "We are all love, and it begins with loving ourselves," underscores her belief in the power of self-compassion and acceptance.

## **Inspiring Collaboration**

Char's empathetic approach to both law and coaching fosters environments of trust and mutual support. Her work helps individuals navigate their personal and professional lives with integrity and courage. By sharing her own vulnerabilities, Char creates a space where others feel empowered to embrace their journeys and connect on a deeper level.

## **Spiritual Insights**

Char's reflections on her experiences with the angelic realm highlight the importance of faith, trust, and surrender in navigating life's uncertainties. She encourages individuals to explore their spiritual connections and embrace the unseen forces guiding them. Her story illustrates how spiritual awareness can bring profound peace and clarity, even during life's darkest moments.

## **Engaging Topics for the Future**

Char envisions a world where individuals embrace both their spiritual

and practical capacities, harmonizing the material and the divine. She advocates for creating systems and communities rooted in love, respect, and collaboration. Her work inspires others to lead lives of purpose and authenticity, contributing to a more compassionate and unified world.

### **Authentic Human Connection**

At the core of Char's philosophy is the belief in the transformative power of authentic connection—to oneself, others, and the divine. She emphasizes the importance of valuing every individual's unique journey and fostering environments of acceptance and understanding. Her approach demonstrates how empathy and self-awareness can build bridges and heal divisions.

### **Conclusion**

Char Murphy's journey reflects the profound potential of resilience, love, and spiritual connection. Her teachings inspire readers to find the gifts in their challenges, trust their inner guidance, and live authentically. Through her work, Char offers a vision for a world where law and spirit intertwine to create harmony, compassion, and growth.





# Doug Bruhnke

<https://youtu.be/sBhxoTmbwBs>

## *Building Global Bridges Through Trade and Connection*

### **Transformational Journeys**

Doug Bruhnke, founder and CEO of the Global Chamber, shared his transformative story in Episode 41 of *One World in a New World*.

With a career spanning over 35 years in international business and an Executive MBA from Michigan State University, Doug's journey reflects his passion for fostering global connections and sustainable business practices. His upbringing, marked by the entrepreneurial spirit of his grandfather, shaped his drive to create impactful solutions that transcend borders and cultures.

### **Exploring Consciousness**

Doug's journey into global consciousness began during his tenure at DuPont, where international travel and cross-cultural interactions expanded his worldview. His understanding of trade as a force for good became the cornerstone of his philosophy. He described his awakening to the interconnectedness of humanity, emphasizing the role of education and experience in breaking down barriers and fostering mutual respect.

### **Pioneering Change**

Through the Global Chamber, Doug has redefined the concept of a chamber of commerce, creating a network that connects businesses across 195 countries and 525 metropolitan areas. His innovative use of AI and warm connections has helped countless companies grow internationally. Doug's vision emphasizes the importance of ethical trade and collaboration as pathways to global peace and prosperity.

### **Practical Wisdom**

Doug offers practical advice for fostering global connections:

1. **Ask the Right Questions:** Focus on identifying specific needs and opportunities for collaboration.
2. **Embrace Cultural Differences:** Approach every interaction with curiosity and respect for diverse perspectives.
3. **Solve Problems with Integrity:** Build trust by addressing challenges openly and honestly.

His mantra: “Trade is one way to create better behavior and move the world forward,” underscores his belief in the transformative power of commerce.

### **Inspiring Collaboration**

Doug’s work emphasizes the importance of building trust and fostering genuine connections. His approach to collaboration integrates technology, cultural awareness, and empathy, enabling businesses to overcome intercultural challenges and achieve shared goals. The Global Chamber’s success stories, from facilitating trade between Nepal and Dubai to fostering relationships in Latin America, highlight the impact of Doug’s vision.

### **Spiritual Insights**

Doug reflects on the role of trade as a moral exchange that transcends religious and cultural boundaries. He views every interaction as an opportunity to create positive change, advocating for transparency, honesty, and mutual respect. His experiences, from South Korea to Indonesia, have deepened his appreciation for the human spirit and the potential of global collaboration.

### **Engaging Topics for the Future**

Doug envisions a future where global trade becomes a catalyst for peace and sustainability. He emphasizes the importance of leveraging technology, education, and cultural exchange to address global

challenges. His work inspires others to think beyond borders and embrace the possibilities of a connected world.

### **Authentic Human Connection**

At the heart of Doug's philosophy is the belief that authentic connections can transform lives and communities. By fostering environments of trust, respect, and open dialogue, he creates opportunities for meaningful collaboration. His story highlights the power of relationships in driving innovation and progress.

### **Conclusion**

Doug Bruhnke's journey reflects the profound potential of trade to build bridges, foster understanding, and create a more connected and harmonious world. His teachings inspire readers to embrace global collaboration, prioritize ethical practices, and contribute to a future where business serves as a force for good. Through his work, Doug offers a vision for a world where humanity thrives together across borders.



# Blaine Oelkers

<https://youtu.be/Q7jVLBuW8u8>

*Mastering Your Mind to Achieve Results*

## **Transformational Journeys**

Blaine Oelkers, Chief Results Officer® and founder of Selfluence, shared his transformative journey of personal mastery and professional success in Episode 42 of *One World in a New World*. With degrees from Stanford University and Purdue University, Blaine's career reflects his passion for helping individuals take control of their lives by taking control of themselves. From his early awakening to the principles of *Think and Grow Rich* by Napoleon Hill to his work in coaching and training, Blaine's journey is a testament to the power of clarity, discipline, and consistent action.

## **Exploring Consciousness**

Blaine's awakening came during his college years at Purdue University, where he first encountered the ideas of Napoleon Hill through a recording by Earl Nightingale. The realization that "what you think about, you bring about" became a foundational principle for his life. Blaine emphasizes the importance of awareness in shaping one's reality and has dedicated his career to teaching others how to harness their thoughts and align their actions with their goals.

## **Pioneering Change**

Through Selfluence, Blaine has pioneered simple, practical strategies to help individuals achieve their goals and master their personal effectiveness. His programs, such as the 21-Second Habit and Mind Shower®, provide tools for building positive habits and maintaining a clear mental state. Blaine's innovative approach emphasizes that everyone is already a master of habits and can leverage this mastery to create new, empowering routines.

## **Practical Wisdom**

Blaine offers actionable advice for cultivating discipline and achieving results:

1. **Start Small:** Break goals into manageable steps to build momentum and celebrate wins.
2. **Link New Habits to Existing Ones:** Use habit linking to anchor new behaviors to established routines.
3. **Practice Daily Mind Showers®:** Take time each day to clear mental clutter and reset with intention.

His mantra: “What you think about, you bring about,” encapsulates his belief in the transformative power of thought and action.

## **Inspiring Collaboration**

Blaine’s work fosters collaboration by emphasizing shared goals and mutual support. He highlights the importance of surrounding oneself with positive influences and creating environments that nurture growth. His programs encourage participants to build communities of accountability and inspiration, amplifying their individual and collective potential.

## **Spiritual Insights**

Blaine integrates spiritual awareness into his philosophy, focusing on the connection between mindfulness, gratitude, and purposeful living. He reflects on the importance of being present and trusting the process, encouraging individuals to cultivate a sense of inner peace and alignment with their higher selves.

## **Engaging Topics for the Future**

Blaine envisions a future where individuals embrace their inherent power to influence their lives and the world around them. He

advocates for teaching personal mastery and emotional intelligence in schools, workplaces, and communities. His work inspires others to take ownership of their thoughts and actions, creating ripple effects of positive change.

### **Authentic Human Connection**

At the heart of Blaine's philosophy is the belief in the transformative power of authenticity and connection. By sharing his experiences and insights, he creates spaces where individuals feel empowered to explore their potential and overcome challenges. His approach demonstrates how self-mastery can inspire deeper relationships and meaningful contributions to society.

### **Conclusion**

Blaine Oelkers's journey reflects the profound potential of mastering the mind to achieve clarity, fulfillment, and success. His teachings inspire readers to take charge of their thoughts, cultivate positive habits, and align their actions with their goals. Through his work, Blaine offers a vision for a world where personal growth and collective well-being go hand in hand.





# Nicolas Perrin

<https://youtu.be/x7yMXfJQJeM>

## *Embodying Authenticity Through Conscious Transformation*

### **Transformational Journeys**

Nicolas Perrin, intuitive coach, facilitator, and founder of LionHeart Coaching, shared his profound journey of self-discovery in Episode 43 of *One World in a New World*. With a background in business administration and experience in corporate leadership roles, Nicolas transitioned from the structured world of JP Morgan Chase to an expansive journey into consciousness and authenticity. His work now centers on empowering individuals to align with their true selves and live with intention.

### **Exploring Consciousness**

Nicolas's awakening began during his late teens, catalyzed by inner conflicts surrounding his identity and beliefs. These challenges led him to explore the deeper truths of unconditional love and self-acceptance. His reflections on moving beyond societal and religious dogmas emphasize the importance of aligning with universal truths rather than external expectations. This journey involved a significant shift from conditional belief systems to a profound understanding of self-worth and inner freedom.

### **Pioneering Change**

Through LionHeart Coaching, Nicolas combines intuitive guidance with practical tools to help individuals navigate their inner landscapes. His innovative approach integrates emotional intelligence, energy healing, and transformational practices, enabling clients to embrace their authenticity. By fostering spaces for self-discovery and growth, Nicolas empowers others to overcome limiting beliefs and align their actions with their highest potential.

## **Practical Wisdom**

Nicolas offers practical advice for personal transformation:

1. **Cultivate Self-Acceptance:** Begin with accepting yourself as you are, without judgment or resistance.
2. **Embrace Curiosity:** Approach challenges with openness and a willingness to explore new perspectives.
3. **Prioritize Authenticity:** Align your actions and decisions with your inner truths rather than external pressures.

His mantra: “Live from your heart and honor your truth,” reflects his belief in the transformative power of authenticity.

## **Inspiring Collaboration**

Nicolas’s work emphasizes the importance of creating safe spaces where individuals can explore their vulnerabilities and build connections. His coaching practice fosters trust and mutual respect, inspiring clients to form meaningful relationships and contribute to supportive communities.

## **Spiritual Insights**

Nicolas integrates spiritual principles into his coaching, reflecting on the interconnectedness of humanity and the importance of living in harmony with oneself and the universe. His experiences with energy healing, meditation, and self-inquiry highlight the transformative potential of aligning with higher consciousness. Nicolas encourages others to view challenges as opportunities for growth and to embrace the unknown with courage and faith.

## **Engaging Topics for the Future**

Nicolas envisions a future where individuals embrace their spiritual and emotional dimensions, fostering a culture of empathy, trust, and

collaboration. He advocates for practices that prioritize mindfulness, self-awareness, and intentionality, inspiring individuals to lead lives of purpose and authenticity.

### **Authentic Human Connection**

At the core of Nicolas's philosophy is the belief that authentic connection begins with self-awareness and self-love. By modeling vulnerability and openness, he creates environments where individuals feel seen and valued. His teachings demonstrate how embracing authenticity can inspire deeper connections and meaningful contributions to society.

### **Conclusion**

Nicolas Perrin's journey reflects the profound potential of living authentically and embracing conscious transformation. His teachings inspire readers to align with their inner truths, overcome limiting beliefs, and contribute to a harmonious and connected world. Through his work, Nicolas offers a vision for a life lived with purpose, courage, and love.



# Dr. Marc B. Cooper

[https://youtu.be/FF7Wc\\_kiUOw](https://youtu.be/FF7Wc_kiUOw)

## *Embracing Elderhood and the Power of Wisdom*

### **Transformational Journeys**

Dr. Marc B. Cooper, president and CEO of The Mastery Company and principal of The Eldering Institute, shared his profound journey of transformation and purpose in Episode 44 of *One World in a New World*. With a background in dentistry, organizational development, and philosophy, Dr. Cooper's work exemplifies the wisdom and grace of elderhood. His passion lies in helping individuals embrace the later stages of life with purpose and dignity, cultivating peace and authenticity in their journeys.

### **Exploring Consciousness**

Dr. Cooper's journey into consciousness began with an appreciation for the natural world, where he found solace and clarity as a child. His path expanded through his training in transformational organizations, including his work as a facilitator for Landmark programs. These experiences deepened his understanding of self-reflection, resilience, and the interconnectedness of life. Marc describes elderhood as a stage of life where individuals can transcend the ego and engage with the world from a place of grace, tenderness, and wisdom.

### **Pioneering Change**

Through The Eldering Institute, Dr. Cooper addresses the overlooked potential of elderhood in modern society. He challenges the stereotypes of aging and highlights the unique contributions that elders can make in creating harmonious relationships and fostering meaningful conversations. His work emphasizes the importance of preparing for elderhood, reorienting perspectives, and embracing a sense of purpose and contribution.

## **Practical Wisdom**

Dr. Cooper offers practical insights for navigating the transition into elderhood:

1. **Reframe Aging:** View aging as an opportunity to cultivate wisdom, peace, and a deeper connection with life.
2. **Embrace Inquiry:** Engage in self-reflection and ask meaningful questions to uncover new insights and possibilities.
3. **Cultivate Grace:** Let go of the need to control outcomes and instead approach life with acceptance and compassion.

His mantra: “Elders create pathways of meaning and vision for themselves and others,” encapsulates his belief in the transformative power of elderhood.

## **Inspiring Collaboration**

Dr. Cooper’s work highlights the importance of collaboration and mentorship in elderhood. By fostering intergenerational dialogues and creating spaces for mutual respect and learning, he inspires individuals to share their wisdom and experiences. His vision includes integrating the unique perspectives of elders into leadership, community development, and societal transformation.

## **Spiritual Insights**

Dr. Cooper integrates spiritual principles into his philosophy, emphasizing the value of presence, acceptance, and interconnectedness. He describes elderhood as a time to deepen one’s spiritual understanding and to embrace the impermanence of life with peace and gratitude. His reflections encourage individuals to live fully in the moment while contributing to the collective well-being.

## **Engaging Topics for the Future**

Dr. Cooper envisions a future where society recognizes and values the contributions of elders. He advocates for creating structures that support the transition into elderhood, including education, mentorship, and community engagement. His teachings inspire individuals to reimagine aging as a time of profound growth and contribution.

## **Authentic Human Connection**

At the heart of Dr. Cooper's philosophy is the belief in the power of authentic connection. By modeling vulnerability and openness, he creates spaces where individuals feel safe to share their stories and explore their potential. His approach demonstrates how elderhood can foster deeper relationships and a greater sense of belonging.

## **Conclusion**

Dr. Marc B. Cooper's journey reflects the profound potential of embracing elderhood with intention and authenticity. His teachings inspire readers to reframe aging, cultivate wisdom, and contribute to the well-being of others. Through his work, Dr. Cooper offers a vision for a society that values and uplifts the contributions of its elders, creating a more compassionate and harmonious world.





# Stephen Bassett

<https://youtu.be/zQCMYUw1tog>

## *Activism and the Quest for Disclosure*

### **Transformational Journeys**

Stephen Bassett, executive director of the Paradigm Research Group (PRG), shared his remarkable journey in Episode 45 of *One World in a New World*. As one of the most prominent political activists for UFO disclosure, Stephen has dedicated decades to advocating for government transparency on extraterrestrial phenomena. His early fascination with science fiction, coupled with a growing awareness of global issues, shaped his passion for activism and his unique approach to the complex dynamics of disclosure.

### **Exploring Consciousness**

Stephen's interest in extraterrestrial life began in his youth through the captivating worlds of science fiction. As he matured, he found himself drawn to the broader implications of humanity's potential relationship with non-human entities. He describes his awakening as a realization that the presence of extraterrestrials might offer profound insights into human behavior, governance, and the challenges of our nuclear age.

### **Pioneering Change**

Through PRG, Stephen has organized numerous initiatives, including national press conferences and a mock congressional hearing, to push for the end of government secrecy regarding UFOs. His work underscores the intersection of activism, public policy, and societal transformation. By framing the issue within the context of human survival and global cooperation, Stephen brings a critical perspective to the disclosure movement.

## **Practical Wisdom**

Stephen offers practical advice for fostering awareness and advocacy:

1. **Engage in Informed Activism:** Base your advocacy on credible evidence and ethical principles.
2. **Promote Open Dialogue:** Create spaces for public discourse and education about unexplored issues.
3. **Focus on the Big Picture:** Understand how disclosure could shift humanity's worldview and global priorities.

His mantra: "The truth embargo must end," encapsulates his commitment to government transparency and public enlightenment.

## **Inspiring Collaboration**

Stephen emphasizes the importance of collaborative efforts between activists, researchers, and policymakers to advance the cause of disclosure. He credits the work of countless individuals over decades, highlighting the collective nature of the movement. By bringing together diverse voices, Stephen fosters a community committed to uncovering the truth.

## **Spiritual Insights**

Stephen reflects on the spiritual implications of extraterrestrial presence and disclosure, describing it as a profound opportunity for humanity to reevaluate its place in the universe. He advocates for a shift from fear-based narratives to a deeper exploration of interconnectedness and collective potential.

## **Engaging Topics for the Future**

Stephen envisions a future where the confirmation of extraterrestrial presence catalyzes a global paradigm shift. He emphasizes the urgency of addressing existential threats like nuclear conflict and

climate change, suggesting that the lessons from disclosure could inspire humanity to collaborate on solutions for these challenges.

### **Authentic Human Connection**

At the heart of Stephen's activism is the belief in the power of truth and connection. By fostering transparency and authenticity, he creates opportunities for individuals to engage meaningfully with the profound questions surrounding extraterrestrial life. His work demonstrates how advocacy can inspire deeper understanding and collective action.

### **Conclusion**

Stephen Bassett's journey reflects the profound potential of activism to drive societal transformation. His teachings inspire readers to question assumptions, seek transparency, and embrace the possibilities of a post-disclosure world. Through his work, Stephen offers a vision for a future where humanity thrives through openness, cooperation, and a shared commitment to truth.



# Brian Kelly

<https://youtu.be/gzAhDTPmY6M>

## *Embracing Vulnerability as a Leadership Superpower*

### **Transformational Journeys**

Brian Kelly, President and Human Connection Officer of Brian Kelly Leadership Coaching, shared his transformative journey in Episode 46 of *One World in a New World*. With degrees in business administration, finance, economics, and leadership coaching from Boston College and Georgetown University, Brian's professional trajectory reflects a commitment to fostering authenticity and connection. His pivotal experience during a coaching certification program reshaped his understanding of vulnerability, transforming it from a perceived weakness into a powerful tool for leadership and human connection.

### **Exploring Consciousness**

Brian's awakening occurred during his time at Georgetown University, where he confronted long-held beliefs about vulnerability. Conditioned to see vulnerability as weakness, he realized through self-reflection that it was, in fact, a source of strength and a gateway to deeper human connections. This realization shifted his relationship with himself and others, enabling him to embrace openness and authenticity as key components of effective leadership.

### **Pioneering Change**

Through his coaching practice, Brian empowers leaders to cultivate self-awareness and embrace their authentic selves. His work focuses on helping clients identify what is holding them back and reframing limiting beliefs. By integrating emotional intelligence, mindset coaching, and vulnerability, Brian guides his clients to unlock their potential and achieve meaningful personal and professional growth.

## **Practical Wisdom**

Brian offers practical advice for embracing vulnerability and fostering leadership growth:

1. **Redefine Vulnerability:** View vulnerability as a strength that fosters connection and trust.
2. **Engage in Self-Reflection:** Take time to identify and challenge limiting beliefs and assumptions.
3. **Embrace Possibilities:** Shift your focus from doubt to potential, reframing challenges as opportunities for growth.

His mantra: “Vulnerability is human; it’s how we connect,” reflects his belief in the transformative power of authenticity.

## **Inspiring Collaboration**

Brian’s coaching emphasizes the importance of collaboration and mutual respect. By creating spaces where clients feel safe to explore their vulnerabilities, he fosters environments of trust and openness. His leadership approach inspires individuals and teams to align their actions with shared goals, enhancing both personal satisfaction and organizational effectiveness.

## **Spiritual Insights**

Brian integrates spiritual principles into his work, focusing on the connection between self-awareness, authenticity, and alignment with one’s true purpose. He describes the journey of self-discovery as one of acceptance and growth, encouraging clients to move from judgment to grace in their relationships with themselves and others.

## **Engaging Topics for the Future**

Brian envisions a future where leadership is redefined through vulnerability and authenticity. He advocates for creating work

environments that prioritize connection, empathy, and emotional intelligence, enabling individuals and organizations to thrive in a rapidly changing world. His teachings inspire leaders to embrace a holistic approach to growth, balancing professional success with personal fulfillment.

### **Authentic Human Connection**

At the heart of Brian's philosophy is the belief that authentic connection begins with self-awareness and openness. By modeling vulnerability and acceptance, he creates environments where individuals feel empowered to explore their potential and forge meaningful relationships. His work exemplifies the power of authenticity in building trust and fostering collaboration.

### **Conclusion**

Brian Kelly's journey reflects the transformative potential of vulnerability and self-awareness in leadership. His teachings inspire readers to embrace their authentic selves, challenge limiting beliefs, and create connections that foster growth and fulfillment. Through his work, Brian offers a vision for a world where leadership is grounded in compassion, trust, and genuine human connection.





# Dr. Lexis Johnson

<https://youtu.be/1q2kkeJBFco>

## *Harnessing Astrology and Holistic Wellness*

### **Transformational Journeys**

Dr. Lexis Johnson, a Ph.D. in psychology, international best-selling author, wellness TV host, and faculty member of Essential Academy, shared her compelling journey in Episode 47 of *One World in a New World*. With a double board certification in holistic health and nutritional consulting, Dr. Johnson integrates diverse modalities, including astrology and alchemy, into her practice. Her journey reflects the profound influence of her spiritually attuned family, particularly her psychic mother and astrology-enthusiast grandfather, who nurtured her early interest in the esoteric arts.

### **Exploring Consciousness**

Lexis's awareness of spiritual and metaphysical principles began in her childhood, enriched by her family's openness to intuitive and mystical practices. Her upbringing instilled a sense of curiosity and trust in her inner guidance. She describes her process of tuning into her "inner GPS" to navigate challenges and align with her higher purpose. Her reflections on trust and manifestation illuminate the delicate balance between surrendering to the unknown and taking inspired action.

### **Pioneering Change**

As a holistic coach and consultant, Dr. Johnson helps brick-and-mortar holistic wellness professionals create multiple streams of income while serving their clients more effectively. Her emphasis on blending the physical and metaphysical demonstrates how ancient wisdom can inform modern practices. Lexis's teaching integrates astrology, sound therapy, and nutritional counseling, offering clients a comprehensive approach to wellness.

## **Practical Wisdom**

Dr. Johnson offers actionable advice for personal and professional growth:

1. **Trust the Process:** Embrace the unknown with confidence, knowing that inner guidance will lead the way.
2. **Balance Fear with Action:** Recognize fear as a natural response to new experiences and take courageous steps forward.
3. **Celebrate Differences:** Honor individual strengths and talents as part of a collective purpose.

Her mantra: “Manifestation begins with trust,” reflects her belief in the power of alignment and intentionality.

## **Inspiring Collaboration**

Dr. Johnson’s coaching style fosters collaboration by creating safe spaces for exploration and growth. She encourages clients to embrace their unique gifts while integrating holistic tools to enhance their personal and professional lives. Her work exemplifies the power of community and mutual support in achieving transformational outcomes.

## **Spiritual Insights**

Lexis integrates spiritual and metaphysical principles into her practice, emphasizing the interconnectedness of all life. Her reflections on astrology, energy healing, and quantum mechanics highlight the ways in which spiritual awareness can deepen self-understanding and inspire conscious action. She encourages clients to embrace intuition as a reliable guide in navigating life’s complexities.

## **Engaging Topics for the Future**

Lexis envisions a future where holistic wellness and spirituality are integral to education, healthcare, and leadership. She advocates for creating systems that prioritize emotional intelligence, mindfulness, and alignment with universal principles. Her work inspires others to bridge the gap between traditional knowledge and contemporary innovation.

## **Authentic Human Connection**

At the core of Dr. Johnson's philosophy is the belief in the power of authentic connection. By modeling vulnerability and openness, she creates environments where clients feel empowered to explore their potential and contribute to a harmonious world. Her teachings demonstrate how trust and empathy can transform relationships and foster community.

## **Conclusion**

Dr. Lexis Johnson's journey reflects the profound potential of integrating holistic and spiritual practices into daily life. Her teachings inspire readers to trust their inner guidance, honor their unique gifts, and embrace a holistic approach to wellness and transformation. Through her work, Lexis offers a vision for a world where personal and collective growth align in harmony.



# Clive Elliott, QC

<https://youtu.be/uflvBJUMtd0>

## *The Power of Well-Being and the Human Connection*

### **Transformational Journeys**

Clive Elliott, QC, barrister, Tedx speaker, artist, and author of *The Power of Well-Being*, shared his profound journey of discovery and societal reflection in Episode 48 of *One World in a New World*. Originally from South Africa, Clive emigrated to New Zealand during apartheid and has spent decades observing the dynamics of societal structures and human behavior. His experiences navigating personal and professional transitions shaped his commitment to fostering understanding, trust, and community well-being.

### **Exploring Consciousness**

Clive's journey of consciousness began with a slow and reflective process over years of travel and self-inquiry. A pivotal moment came following a tragic terrorist attack in New Zealand, which shocked the nation and inspired Clive to question the roots of societal dysfunction. This event catalyzed his commitment to exploring humanity's challenges, prompting him to examine global well-being through research and interviews with thought leaders.

### **Pioneering Change**

Clive's book, *The Power of Well-Being*, presents a comparative analysis of societal structures, drawing from New Zealand, the U.S., and Finland. His work highlights actionable solutions to systemic issues such as inequality, violence, and environmental degradation. Clive advocates for a balanced approach to governance and personal responsibility, emphasizing the need for collective action to protect humanity and the planet.

## **Practical Wisdom**

Clive offers practical insights for fostering societal and personal well-being:

1. **Practice Reciprocity:** Treat others with fairness and respect, fostering a culture of mutual trust.
2. **Address Root Causes:** Look beyond surface issues to understand systemic challenges and find effective solutions.
3. **Nurture Community:** Support local initiatives and grassroots organizations to strengthen social cohesion.

His mantra: “Trust is the glue that holds society together,” reflects his belief in the foundational role of trust in building thriving communities.

## **Inspiring Collaboration**

Clive emphasizes the importance of collaboration across diverse sectors and communities. By engaging with thought leaders, policymakers, and grassroots organizations, he models how dialogue and shared vision can drive meaningful change. His approach inspires others to participate in creating solutions that reflect collective values and priorities.

## **Spiritual Insights**

Clive reflects on the interconnectedness of humanity and the planet, emphasizing the importance of stewardship and responsibility. His discussions on indigenous worldviews, such as the Maori principle of connection to the land, highlight the potential for ancient wisdom to guide modern solutions. He encourages individuals to embrace their shared humanity and act with compassion and foresight.

## **Engaging Topics for the Future**

Clive envisions a future where systemic issues such as climate change, inequality, and violence are addressed through community-driven initiatives and collaborative governance. He advocates for nurturing the middle class as the stabilizing core of society and integrating indigenous philosophies into global frameworks. His work inspires others to explore innovative approaches to education, sustainability, and social equity.

## **Authentic Human Connection**

At the heart of Clive's philosophy is the belief in the transformative power of authentic human connection. He underscores the importance of respect, understanding, and reciprocity in building bridges across differences. His reflections on vulnerability and trust offer a roadmap for creating environments where individuals can thrive and contribute meaningfully.

## **Conclusion**

Clive Elliott, QC's journey reflects the profound potential of aligning personal growth with societal transformation. His teachings inspire readers to embrace their humanity, prioritize trust, and contribute to a world where well-being and connection flourish. Through his work, Clive offers a vision for a more compassionate, equitable, and sustainable future.





# Tonya Dawn Recla

<https://youtu.be/1D10e-37808>

## *Mastering the Inner and Outer Realms*

### **Transformational Journeys**

Tonya Dawn Recla, Executive Director of Superpower Experts, producer and host of their podcast, and CEO of The Recla Group, shared her extraordinary journey in Episode 49 of *One World in a New World*. With a background in counterintelligence, academia, and entrepreneurship, Tonya has embraced the multi-dimensional nature of life, bridging the gap between corporate intelligence and spiritual awakening. Her path reflects a profound exploration of inner harmony, vulnerability, and the creative processes that align the inspired and actualized selves.

### **Exploring Consciousness**

Tonya's journey into consciousness began with a deep exploration of self through academia, intelligence work, and spiritual practices. Her reflections on harmonizing the inspired and actualized selves emphasize the importance of embracing multi-dimensionality. She shared her transformative experience of turning herself "inside out" to align with her higher purpose, an awakening that she describes as a remembering of who we truly are.

### **Pioneering Change**

Through Superpower Experts and her proprietary methodologies, Tonya empowers individuals to activate their creative energy fields and align with their divine design. Her programs teach practical ways to awaken and train the "avatar"—the human vessel—allowing individuals to hold higher frequencies and embody their purpose. By integrating spirituality with actionable strategies, Tonya's work helps clients navigate complex realities and thrive.

## **Practical Wisdom**

Tonya offers actionable advice for aligning with one's true self:

1. **Claim Your Divinity:** Acknowledge and own your divine nature as a foundation for transformation.
2. **Clear Internal Stories:** Identify and release limiting beliefs to create space for new possibilities.
3. **Cultivate Stillness:** Develop practices like prayer, meditation, and contemplation to access inner guidance.

Her mantra: "We are cosmic consciousness condensed into form," underscores her belief in the profound potential of human existence.

## **Inspiring Collaboration**

Tonya's work emphasizes the importance of creating spaces for authentic connection and shared growth. Her programs foster environments where individuals can explore their vulnerabilities, learn from each other, and collaborate on meaningful projects. By bridging the spiritual and practical realms, she models how collaboration can amplify impact and elevate collective consciousness.

## **Spiritual Insights**

Tonya integrates spiritual principles such as oneness, vulnerability, and divine design into her teachings. She reflects on the natural ascension process humanity is undergoing and emphasizes the importance of preparing ourselves energetically to hold higher frequencies. Her philosophy encourages individuals to move beyond binary thinking and embrace the interconnectedness of life.

## **Engaging Topics for the Future**

Tonya envisions a future where humanity aligns with divine design

and creates systems that honor interconnectedness. She advocates for teaching people how to navigate multi-dimensional realities and harmonize their inspired and actualized selves. Her work inspires others to explore their potential and contribute to a collective awakening.

### **Authentic Human Connection**

At the core of Tonya's philosophy is the belief in the transformative power of authenticity and vulnerability. By modeling openness and self-awareness, she creates spaces where individuals feel seen and valued. Her teachings demonstrate how embracing vulnerability can foster deeper connections and inspire meaningful change.

### **Conclusion**

Tonya Dawn Recla's journey reflects the profound potential of aligning with divine design and embracing multi-dimensionality. Her teachings inspire readers to clear limiting beliefs, cultivate inner stillness, and align their actions with their higher purpose. Through her work, Tonya offers a vision for a world where individuals thrive as both inspired creators and practical problem solvers, contributing to a harmonious and awakened humanity.



# D. Neil Elliott

<https://youtu.be/Cwddfmgl4Y>

## *Navigating Inner Transformation Through Logic and Love*

### **Transformational Journeys**

D. Neil Elliott, managing partner of Fourth Wall Consulting and author of *A Higher Road: Cleanse Your Consciousness to Transcend the Ego and Ascend Spiritually*, shared his remarkable journey of inner transformation in Episode 50 of *One World in a New World*. His background as an engineer shaped his logical and methodical approach to self-discovery, bridging science and spirituality in profound ways. Neil's transformative experience took him from a place of deep depression to a state of inner peace, joy, and unconditional love.

### **Exploring Consciousness**

Neil's awakening began with a structured seven-step process that allowed him to explore the deeper aspects of his soul and consciousness. This journey led to the realization that the body is a temporary vessel for the eternal soul. His reflections emphasize the importance of shedding ego-driven patterns of thought and feeling, allowing the soul to connect with the divine. Neil described a spiritual awakening during meditation, where he felt enveloped in unconditional love—a visceral experience that affirmed his connection to universal consciousness.

### **Pioneering Change**

Through his book and teachings, Neil provides a framework for understanding the interplay between science and spirituality. He advocates for a process that helps individuals dismantle limiting beliefs, align with higher vibrational frequencies, and access the unconditional love at the core of existence. Neil's work serves as a

guide for anyone seeking to transcend the ego and embrace their authentic selves.

### **Practical Wisdom**

Neil offers actionable insights for fostering inner transformation:

1. **Cleanse the Mind:** Use a structured process to dissolve ego-driven thoughts and emotions.
2. **Rebuild Consciousness:** Align your beliefs and actions with the principles of unconditional love.
3. **Access Inner Peace:** Cultivate practices like meditation to raise your vibrational frequency and connect with the divine.

His mantra: “Your soul is eternal; your body is a temporary vehicle,” reflects his belief in the enduring nature of spiritual growth.

### **Inspiring Collaboration**

Neil’s teachings emphasize the importance of collaboration and shared understanding. By encouraging individuals to embrace their unique journeys, he fosters a sense of community and mutual support. His approach inspires others to see beyond surface differences and work together toward collective harmony.

### **Spiritual Insights**

Neil integrates spiritual principles such as unconditional love, interconnectedness, and divine purpose into his framework. He describes the process of accessing higher vibrational frequencies as a path to understanding one’s true nature and aligning with universal consciousness. His teachings highlight the transformative power of living authentically and in harmony with the divine.

### **Engaging Topics for the Future**

Neil envisions a future where humanity transcends ego-driven

behavior and embraces a collective consciousness rooted in love and understanding. He advocates for integrating spirituality and science to create a more harmonious world. His work inspires individuals to take responsibility for their thoughts and actions, contributing to a global shift toward peace and unity.

### **Authentic Human Connection**

At the heart of Neil's philosophy is the belief in the transformative power of authentic connection—to oneself, others, and the divine. By modeling vulnerability and openness, he creates spaces where individuals can explore their potential and contribute to a more compassionate world. His teachings demonstrate how embracing authenticity can lead to profound personal and collective transformation.

### **Conclusion**

D. Neil Elliott's journey reflects the profound potential of integrating logic, spirituality, and unconditional love. His teachings inspire readers to cleanse their consciousness, transcend ego-driven patterns, and align with their true selves. Through his work, Neil offers a vision for a world where individuals thrive in harmony with one another and the universe.





# Brenden Kumarasamy

<https://youtu.be/UGBxwM6mvu4>

## *Transforming Fear Into Mastery Through Communication*

### **Transformational Journeys**

Brenden Kumarasamy, founder and CEO of MasterTalk, shared his fascinating journey in Episode 51 of *One World in a New World*. As a public speaking coach and podcast host, Brenden has helped countless individuals overcome their fear of public speaking. His unconventional path began during his university days when he participated in competitive case competitions—dubbed “professional sports for nerds.” Through these experiences, Brenden honed his communication skills and discovered a passion for teaching others how to express themselves confidently and effectively.

### **Exploring Consciousness**

Brenden’s awareness of his purpose grew over time, beginning with his desire to support his family and eventually transitioning to a larger mission of service. Inspired by the profound question, “Am I creating something that will live forever?” Brenden began exploring deeper aspects of communication and connection. His reflections highlight the importance of intentionality and listening as tools to build bridges between individuals and foster mutual understanding.

### **Pioneering Change**

Through MasterTalk, Brenden has redefined how people approach public speaking by offering practical, actionable advice. His work emphasizes the importance of addressing foundational fears and fostering a mindset of growth and curiosity. By creating accessible resources, including a YouTube channel, Brenden has empowered people worldwide to unlock their potential and transform their fear into confidence.

## **Practical Wisdom**

Brenden provides simple yet transformative strategies for improving communication:

1. **Ask More Questions:** Shift conversations from statements to questions to foster deeper connections.
2. **Start Small:** Practice improving communication with the people you appreciate most.
3. **Reflect on Purpose:** Ask yourself, “How would my life change if I became an exceptional communicator?”

His mantra: “The goal is to create communication as a bridge for connection,” reflects his belief in the transformative power of listening and understanding.

## **Inspiring Collaboration**

Brenden emphasizes the importance of collaboration by building relationships through active listening and shared experiences. He encourages individuals to ask meaningful questions that transcend surface-level interactions. By fostering spaces for authentic dialogue, he models how communication can drive personal and collective growth.

## **Spiritual Insights**

Brenden’s philosophy integrates self-awareness and intentionality, encouraging individuals to align their communication with their values and purpose. He reflects on the interconnectedness of humanity, viewing conversations as opportunities to deepen understanding and connection.

## **Engaging Topics for the Future**

Brenden envisions a world where communication is recognized as a

fundamental skill for addressing societal challenges and fostering unity. He advocates for teaching communication in schools and organizations, emphasizing its role in reducing divisiveness and creating shared understanding.

### **Authentic Human Connection**

At the core of Brenden's philosophy is the belief that authentic connection begins with intentionality and empathy. By modeling openness and curiosity, he creates spaces where individuals feel valued and understood. His work demonstrates how effective communication can transform relationships and inspire meaningful change.

### **Conclusion**

Brenden Kumarasamy's journey reflects the profound potential of communication as a tool for transformation and connection. His teachings inspire readers to embrace their authentic voices, cultivate meaningful relationships, and contribute to a world where understanding and empathy prevail. Through his work, Brenden offers a vision for a more connected and compassionate society.



# Jeff Cohen

<https://youtu.be/axThL23prkl>

## *Redefining Accountability for Growth*

### **Transformational Journeys**

Jeff Cohen, author of *Count-On-Able* and founder of C-Level Roundtable, shared his inspiring journey of personal development and entrepreneurial innovation in Episode 52 of *One World in a New World*. With a career spanning multiple industries, Jeff's path has been marked by transformative insights into accountability, leadership, and communication. His experiences growing up under the influence of his entrepreneurial father shaped his ability to embrace challenges and foster growth in both personal and professional contexts.

### **Exploring Consciousness**

Jeff's journey into greater awareness began in his youth, observing his father transition from a corporate executive to a self-made entrepreneur. These early lessons instilled in him the importance of pursuing one's passions and facing challenges with resilience. Jeff's willingness to embrace vulnerability has been central to his evolution, allowing him to confront his failures, learn from them, and create meaningful systems for success.

### **Pioneering Change**

Through his work with C-Level Roundtable and his book *Count-On-Able*, Jeff redefines accountability as a positive and empowering process. His innovative approach emphasizes trust, alignment, and communication as the foundation for effective leadership. By transforming how businesses think about accountability, Jeff helps organizations create cultures of collaboration and shared responsibility.

## Practical Wisdom

Jeff offers actionable strategies for fostering accountability and leadership:

1. **Manage Promises, Not People:** Shift from managing individuals to managing commitments to create trust and alignment.
2. **Define Strengths:** Align tasks with individual strengths to foster engagement and reduce turnover.
3. **Communicate Clearly:** Verify understanding by confirming that messages are received and acted upon.

His mantra: “Be Count-On-Able, not just accountable,” encapsulates his belief in the transformative power of mutual trust and shared goals.

## Inspiring Collaboration

Jeff’s work emphasizes the importance of fostering collaboration through effective communication and shared values. By integrating frameworks like trust alignment, he creates environments where teams can thrive. His approach inspires leaders to build cultures of openness and mutual respect, ensuring that everyone’s contributions are valued.

## Spiritual Insights

Jeff reflects on the interconnectedness of personal and professional growth, emphasizing the importance of self-awareness and vulnerability. His philosophy encourages individuals to embrace their triggers and work through them, fostering deeper understanding and authentic relationships.

## **Engaging Topics for the Future**

Jeff envisions a future where accountability is celebrated as a cornerstone of effective leadership and organizational success. He advocates for systems that prioritize trust, communication, and shared responsibility, inspiring individuals and teams to achieve their highest potential.

## **Authentic Human Connection**

At the core of Jeff's philosophy is the belief in the power of authentic connection. By modeling openness and self-awareness, he creates environments where individuals feel empowered to contribute meaningfully. His teachings demonstrate how embracing vulnerability and communication can lead to transformative results.

## **Conclusion**

Jeff Cohen's journey reflects the profound potential of redefining accountability to foster trust, alignment, and collaboration. His teachings inspire readers to embrace their strengths, align their actions with their values, and build cultures of mutual respect. Through his work, Jeff offers a vision for a world where accountability is a positive and empowering force for growth and success.





# Threads of Transformation

## A Collective Reflection

### **Transformational Journeys**

The journeys shared by the guests of *One World in a New World* reveal a universal theme: transformation often begins with personal challenges that catalyze deeper self-awareness and growth. From overcoming adversity to finding inner peace, each guest embarked on a unique path of discovery that reshaped their understanding of themselves and the world. Across industries, professions, and personal backgrounds, a shared commitment to authenticity, resilience, and purpose emerged as the foundation for their transformations.

### **Exploring Consciousness**

A central thread in these reflections is the role of consciousness in fostering personal and collective evolution. Whether through meditation, spiritual awakening, or deep introspection, each guest described moments of profound realization that shifted their perspectives. These awakenings often involved connecting with universal truths, embracing multi-dimensionality, and recognizing the interconnectedness of all life. From exploring inner wisdom to aligning with divine purpose, their journeys emphasize the importance of cultivating self-awareness and embracing higher frequencies of thought and emotion.

### **Pioneering Change**

The guests demonstrated a collective commitment to pioneering change in their respective fields and communities. Through innovative approaches to leadership, education, wellness, and sustainability, they shared a vision for creating systems and practices that align with values of compassion, equity, and collaboration. Whether redefining accountability, fostering global trade, or

integrating spirituality with science, their efforts reflect a shared determination to build a more harmonious and sustainable future.

### **Practical Wisdom**

Across the episodes, several recurring strategies emerged for fostering growth and transformation:

1. **Embrace Vulnerability:** Authenticity begins with the courage to be vulnerable and open.
2. **Trust the Process:** Surrendering to life's flow while taking intentional action fosters alignment and clarity.
3. **Cultivate Connection:** Building meaningful relationships based on trust and mutual respect amplifies impact.
4. **Reframe Challenges:** Viewing obstacles as opportunities for growth fosters resilience and adaptability.
5. **Focus on Small Steps:** Incremental progress builds momentum and confidence over time.

These practical insights demonstrate the power of aligning one's actions with inner truths and values.

### **Inspiring Collaboration**

A shared emphasis on collaboration underscored the guests' approaches to creating change. From fostering safe spaces for dialogue to building communities of mutual support, their stories highlight the importance of working together toward shared goals. By valuing diverse perspectives and prioritizing inclusivity, they model how collective efforts can lead to meaningful and lasting impact.

### **Spiritual Insights**

Many guests integrated spiritual principles into their work, reflecting

on themes such as unconditional love, divine design, and universal connection. These reflections emphasize the potential of spiritual awareness to transform both personal and societal dynamics. By aligning with higher consciousness, the guests inspire others to explore their own spiritual potential and contribute to collective well-being.

### **Engaging Topics for the Future**

The guests shared a collective vision for the future—one that prioritizes empathy, mindfulness, and sustainability. They envision a world where systems are designed to nurture human potential, address global challenges, and foster harmony between people and the planet. Their aspirations include:

- Integrating emotional intelligence and mindfulness into education and leadership.
- Promoting equity, sustainability, and shared responsibility in governance and business.
- Bridging ancient wisdom with modern innovation to solve complex problems.

### **Authentic Human Connection**

At the heart of these reflections is the belief in the transformative power of authentic connection. By fostering environments of trust, openness, and empathy, the guests demonstrated how meaningful relationships can inspire growth and collaboration. Their stories reveal the universal truth that connection begins with self-awareness and extends outward to embrace others and the world.

### **Conclusion**

The collective wisdom shared by the guests of *One World in a New World* reflects the profound potential of aligning personal growth with collective transformation. Their teachings inspire readers to

embrace vulnerability, cultivate self-awareness, and contribute to a world where compassion, authenticity, and collaboration thrive. Together, these voices offer a roadmap for navigating the complexities of modern life with purpose, resilience, and vision.



## About the Author

Zen Benefiel is a dynamic thought leader, transformational facilitator, and advocate for global unity with over 40 years of experience helping individuals, teams, and organizations realize their fullest potential. His work seamlessly blends mindfulness, strategic insight, and practical action to inspire personal growth, foster collaboration, and cultivate sustainable solutions to the challenges of our time. Thinkers360 rated Zen a Top 50 Thought Leader in North America in 2024 and top 10 in Coaching.

A master of synthesizing ancient wisdom and modern principles, Zen is the founder of **Planetary Citizens**, a 509(a)(2) nonprofit organization dedicated to promoting global unity and sustainability. This organization continues the visionary work of Donald Keys and incorporates transformative models like Spiral Dynamics to foster conscious evolution. Zen is also the director of operations for the **Live and Let Live Global Peace Movement**, a role that amplifies his commitment to creating a harmonious and equitable world.

As a **transformational life coach**, Zen has guided countless individuals to align with their true purpose, overcome limiting beliefs, and achieve meaningful goals. His holistic coaching style integrates mindfulness, leadership principles, and cutting-edge tools, offering clients a profound and lasting impact.

Zen's contributions as a **podcast host, author, and creative producer** are equally noteworthy. His acclaimed podcast, *One World in a New World*, features inspiring conversations with changemakers, thought leaders, and visionaries, offering audiences insights into the dynamics of transformation and connection. His literary works, including *ZERO to ONE: Making Our Way Toward a Conscious Civilization* and *Navigating Holistic Growth: The Servant Leader's Guide*, provide

transformative frameworks for understanding leadership, consciousness, and societal evolution.

With an MBA and a Master's in Organizational Management from the University of Phoenix, Zen brings a balanced perspective that merges pragmatic solutions with visionary thinking. His teaching career has included curriculum development for post-secondary institutions and micro-lending organizations, further demonstrating his passion for education and empowerment.

Zen's multifaceted career also includes facilitating **construction partnering sessions**, mediating trust-building initiatives, and developing innovative frameworks for global cooperation. His passion for fostering collaboration and community is evident in projects like the co-creation wheel for Planetary Citizens and his leadership within various nonprofit and entrepreneurial ventures.

At the core of Zen's work is an unwavering commitment to harmony, stewardship, and personal evolution. Through his diverse pursuits and groundbreaking contributions, Zen Benefiel continues to inspire individuals and organizations to embrace a more conscious, compassionate, and interconnected world.

**Discover more about Zen and his work at [BeTheDream.com](https://www.BetheDream.com).**